

Cuckfield Life

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Local village talk,
by the village

Issue #73 : Nov. 2018

Free

Mayor's Procession round-up

page 26

Halloween high jinks from Bolnore

page 30

Family crossword fun

page 47

NEW

Including...

Bolnore
VILLAGE

7 PAGE SECTION



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EDITORIAL

By David Tingley, Editor

Here we are: Bonfire Night has gone and so has the poignant time of Armistice remembrance – so we now look forward to the coming of

Christmas. There will, of course, be more of this coming up in next month's issue but we do have some items to flag up to you now.

Overleaf on **page 4**, for instance, is highlighted the **Boutique Village Shopping Night** and also a **Candlelit Concert** by Ensemble Reza at Holy Trinity Church. Plus we highlight some other **Christmas events** on **pages 21 and 36**. And the **Cuckfield Street Festival** takes place on Friday 7th December between 6-8pm (**page 15**) – on the same day that the **Christmas Tree Festival** opens for that weekend. Look out for our Cuckfield Life tree!

For our **Bolnore** coverage, which starts on **page 28**, we cover some excellent fundraising results for the **village school** and also a photo round-up of the recent **Halloween celebrations** (**page 30**).

The big news in Cuckfield recently was the election of the **new mayor** – **Leanne Knapman** – who finally dons the ceremonial robes after 14 years of hard campaigning! The annual procession was a fantastic event to see, and the autumn sunshine on the day made it even better. Check out the photos on **page 26/27**.

Cuckfield resident **Simon Elmore** talks to **Rick Fieldwick** on **page 22** about the **touch rugby** club that meets on Whitemans Green every Saturday. A whole word that many will have known nothing about before reading this item.

This is exactly what we like to do in Cuckfield Life, so if you know of any groups or organisations which we could share information about – we always like to hear some more, do please email myself or Jacqueline via editor@cuckfieldlife.co.uk. Equally if you know of someone who'd make a fantastic 'Village People' interviewee – get in touch.



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We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@cuckfieldlife.co.uk

Late Night Shopping

Cuckfield shop owners are preparing for another unique late night shopping event in the heart of the village on Thursday 22nd November from 6pm to 9pm.

Many of the village stores will be open until late as part of the special 'Boutique Village' evening which is set to entice many local people as well as visitors from neighbouring areas.

The late night shopping experience will give those a chance to visit many of the boutiques on the high street, share in some bubbly and nibbles, whilst seeking out gift ideas and things to buy for Christmas.

Nicky Willis, from Willis and Co, explains: "It's a relaxed and atmospheric way to shop for gorgeous gifts, interior furnishings, lighting, clothes, candy, hairstylists, smellies, Christmas wreaths and decorations, flowers and more."

Participating shops will include: Artologie, Cuckfield Candy Store, Edit, Ensor Interior Design, Hairworks, JoJo Boutique, Nicky C, Neilson Boutique, Oliver Cunningham, Pepperbox, Sacred Cellar, Tigers to Lilies, Tom's Food and Willis & Co.

Candlelit Concert this month

Ensemble Reza return to Holy Trinity Church, Cuckfield on November 24th at 7pm for a special candlelit concert and a popular programme of music, including Mozart's Serenade Concertante and Tchaikovsky's Serenade for Strings arranged for String Sextet.

With the church bathed in the warm glow of candlelight, a glass of mulled wine and a fantastic programme of music, this concert is the perfect way to start the festive season.

Established in 2013, Ensemble Reza was formed so that players could enjoy performing chamber music closer to home, taking first-class music to audiences across the South East.

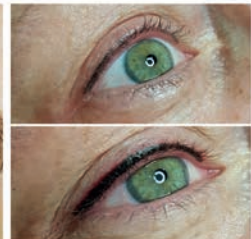
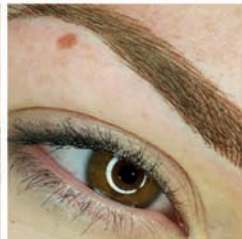
Members include: Violins: Lucy Jeal, Andrew Thurgood (from Cuckfield); Violas: Anna Cooper, Matthew Quenby; Cellos: Sarah Carvalho-Dubost, Pavlos Carvalho.

Tickets will be available from Pepperbox and online from www.ensemblereza.com

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Fashion Show raised £2k

A charity Fashion Show, which took place last month, has raised nearly £2,000 for BRIGHT Cancer Care. The event was organised by Jo Dennis from JoJo Boutique with Christopher Biggins hosting the evening.

"He was a blast!" Jo commented. "I really don't think we could have raised that amount of money without the support of Christopher."

Alongside the models (Anne, Kay, Lisa and Emma) strutting on the catwalk, the audience also took part in a raffle with lots of prizes kindly donated by local businesses.



Golfers raise £4k!

By Emma Fairbank

Last month Cuckfield Golf Centre held its annual Captain's Charity Day, this time raising money for MIND and St Peter & St James Hospice.

On what was due to be a very wet and windy day, it turned out to be a little cold but luckily the rain stayed away!

We had 63 golfers turn up for the 9-hole competition, which included a number of fun challenges along the way!

After the golf we held a raffle and auction. We would like to thank the local businesses who generously donated a voucher to the club, plus a large number of Four Ball vouchers from golf clubs in Sussex, Kent and Surrey which were kindly donated for free. We would also like to thank all those who joined us in the clubhouse afterwards for the auction. The day raised a total of £4,135 which will be split between both charities!



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Whitemans Green defib stolen

Cuckfield resident Wendy Tracey-Roberts was shocked to discover that the public defibrillator located on the side of the Pavilion at Whitemans Green is no longer in place.

This unit was installed back in 2014 by The Sussex Heart Charity, but local rumours suggest that it may have been stolen, possibly as long ago as the summer.

The facts supporting the installation of Automated External Defibrillators (AEDs) are both staggering and frightening. It is estimated that there are around 60,000 cases of 'out of hospital' cardiac arrests every year in the UK, and without immediate treatment 90-95% of these cases will result in death.

Wendy is already looking to find out how this unit can be replaced and has begun talking to local businesses who may be able to financially support the installation – with very positive signs from the local Co-op. New mayor Leanne Knapman has also indicated that she would support any such application to the Independent State of Cuckfield's funds for the year.

Wendy explains: "We can apply for a grant from The Sussex Heart Charity, but we would still need to raise some money towards a more secure unit or, without the grant, we need to raise the full amount of £1,254. Either way watch out for more information on this subject in next month's Cuckfield Life."

If you wish to find out more or know a business that may be willing to donate, please email Wendy: wendytrmacrae@aol.com.



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Photos by Caroline Lillywhite

A new page in Festival history

CUCKFIELD BOOK FESTIVAL

By Sheila Mortimer

There are over 300 book festivals throughout the UK, but the feedback from many of our authors suggests that 'Cuckfest' is regarded as one of the best of the smaller ones, particularly for the quality of its cakes!

This year's festival began with a literary quiz, compiled by local quiz addicts - and a challenging session it proved to be. It was eventually won by the intriguingly named 'Ogden Flyers'. On Friday night Ockenden Manor was once again the venue for supper where Michael Mayne, vicar of Holy Trinity, introduced the two actors who read a delightful selection of poetry.

On Saturday the rains came but, undeterred, literary enthusiasts soon filled the Queen's Hall to hear fascinating and enlightening talks on everything from fake news, cyber warfare (and current events that very day made these two talks particularly apt), World War I poetry, Muriel Spark and historical fiction. Three local authors spoke about their work and the evening ended with a light-hearted duo talking about their books on the pop music world - this session produced much hilarity!

On Sunday we heard about travelling in the Third Reich, crime fiction, the influence of childhood reading, how to get published - and lots more. The Queen's Hall sessions ended with Simon Brett talking about his long career - he had his audience chuckling merrily and no one regretted missing the first episode of the new Dr Who!

The festival ended on Sunday night upstairs in the Talbot with a convivial session when the author of a controversial book on stalking put his case for writing it. The discussion that followed was particularly lively and the audience appreciated his thoughtful and honest approach.

On Saturday the Baptist Church was buzzing with activity as dozens of children participated in the fun, organised by Carole Hayward, Judith Hodder and Sue Tuckwell. Their day has been separately reported on by Heather Gosling in the October edition of Cuckfield Life.

Again, we three organisers - Sheila Chasser, Sue Laing and Sheila Mortimer - want to thank the army of smiling volunteers. From 9am on Saturday morning to 9pm on Sunday, there were willing helpers selling tickets, mopping floors, offering delicious food, picking up speakers from Three Bridges and dealing with roving microphones. Thanks to everyone who helped make Cuckfest a buzzing, welcoming, well-organised event. And, of course, thanks to our supporters who gave generously and allowed the festival to happen.

Will we do it again? Who knows? If Network Rail could be persuaded to run trains to Haywards Heath on Saturdays and Sundays it would make life a lot easier!





Cuckfield Baptist Church

We are a Bible-teaching, all-age friendly church in Cuckfield, seeking to know Jesus and make Him known in Mid-Sussex.

We meet at 10:30am every Sunday morning, and **everyone** is welcome - whether or not you'd call yourself a Christian.



To find out more about us and what we do, visit our website:
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FROM THE MAYOR'S TABLE

By Leanne Knapman

Well, this has been a long time coming but I am delighted to have finally been voted as mayor of Cuckfield!

Firstly, I would like to extend my thanks to various people in my opening column, starting with my amazing sister Jo Murphy who was always on hand to help at each and every event I attended and has championed me throughout the whole process; my parents for all their help and support; the White Harte for supporting my quest and the lovely anonymous couple - thank you - we did it! Finally, a big thanks to every single person who came along to an event. We now have a brilliant chunk of money to put back into our community!

And last but not least, a special mention must go to Jim Ayling who recently stood down as chairman of ISOC (Independent State of Cuckfield) after many years of service - thanks for all you've done Jim.

I thought the procession was a fantastic success, and it was lovely to see so many people supporting a fun village event.

I thoroughly enjoyed lighting the bonfire on 3rd November too! Thanks for voting me in.

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Christmas Street Festival

On Friday 7th December the High Street will be closed to traffic from 5.30pm as the set-up takes place for the Christmas Street Festival – organised by Cuckfield Parish Council.

Lights and a snow machine will be set-up to add to the festive mood, while the road turns into a street of stallholders from charities and gift shops to food/drink offerings.

If you are able to spare any time to help support this fantastic family event, Frances Laing at the Parish Council would love to hear from you (frances.laing@cuckfield.gov.uk).

The Street Festival will be open between 6pm and 8pm, so do wrap up warm and go along!



Tree Festival open 7-9th Dec

First held back in 2003, Cuckfield's Christmas Tree Festival is now well renowned in the area – and this year's event opens on Friday 7th December at 11.30am.

As ever the church will be adorned with over 80 decorated trees from local businesses and organisations as the building is transformed into a magical Christmas wonderland. There will be a festival café as well as various live music events during the weekend.

On Friday the church is open between 11.30am and 7.30pm, on Saturday between 11.30am and 6.30pm, and on Sunday between 11.30am and 5pm – with a Carol Service to mark the end of the weekend starting at 6pm, followed by mulled wine and mince pies.

The Tree Festival has raised over £70,000 for charities since it started, and this year Kangaroos has been selected as partner. Kangaroos works in the area catering for children and young adults with learning difficulties and special needs.

More information at: www.cuckfieldctf.org.uk

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Christmas time again

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Cranberry and raspberry relish

(Makes about 300ml)

Stir 1 small finely chopped onion into 3tbs red wine vinegar and cook, stirring, 1-2 min until soft. Stir in 4tbs orange marmalade, 1tbs grated fresh ginger and 250g each fresh or frozen cranberries and raspberries (no need to defrost if frozen). Continue to cook over low heat, stirring occasionally, until the fruits have softened (the cranberries will pop) and the mixture has thickened slightly. Tip into a freezer container, cool then freeze.

Lemon and bacon stuffing balls

(Serves 6)

Gently fry 100g finely chopped streaky bacon, a finely chopped onion and 3 celery sticks until soft. Add to 100g fresh breadcrumbs, finely grated rind and juice 1 unwaxed lemon, 2tbs finely chopped parsley and 150ml chicken stock. Cool, shape into balls and freeze on baking sheets. Then tip into a freezer container and freeze. Thaw before cooking.

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By Caroline Young

Is it only me or does Christmas come around faster and faster the older you get? It seems I have only just tucked the garden up for the winter, got the garden furniture into the garage and packed away my summer T-shirts when I am deluged with Christmas catalogues in the mail and mince pies in the supermarket!

For me, Christmas is the time for enjoying making – and eating – our traditional festive foods. Both our traditional Christmas pudding and cake started off as a very basic plain porridge, often containing meat, that was eaten on Christmas Eve after a period of fasting. Solid and comforting it was meant to fill an empty stomach. In the 16th century the oatmeal was replaced by butter, eggs and flour but Oliver Cromwell banned the eating of this rich mixture in the 17th century as it was thought to be a pagan celebration to mark the end of the winter solstice. What a killjoy! However, as more kitchens came to have ovens which replaced cooking in a pot over an open fire, the fruity rich mixture was baked and so became a cake.

The Victorians, headed by Prince Albert, are credited with the introduction of the richly iced cake and the flaming pudding as we know them today, so we are really eating a slice of our history on Christmas Day. Get ahead with these recipes which can be frozen.



No fat, no sugar mincemeat

(Makes about 2kg)

Into a large bowl measure 225g each of sultanas, raisins, currants, chopped ready-to-eat figs and dried apricots. Add 450g peeled, cored and sliced dessert apples and 100g blanched almonds. Stir then tip into the processor and buzz until finely chopped. Return to the bowl and stir in the finely grated rind and juice of 2 unwaxed lemons,

the rind and juice of 2 large oranges, 2tbs mixed spice, 150ml clear honey and 60ml rum, brandy or whisky. Make 2-3 weeks before using, cover tightly and refrigerate to allow it to mature. It can then be frozen. Thaw at room temperature.



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Finalist accolade for restaurant

Jeremy's restaurant, situated just outside Cuckfield on the Borde Hill estate, has been shortlisted in the Food and Drink Destination of the Year category at the 2018 Sussex Business Awards.

Asking owner Jeremy Ashpool what this means to him, he explained: "We have always strived to create an oasis in our modern hectic world where people can gather and celebrate special family occasions and share lifetime of memories. I am very proud of our long-standing independence as a restaurant and thrilled that our dedicated and hardworking team, some of them who have been with me for 40 years, have gained recognition in this challenging and competitive environment."

The judging panel, chaired by Mike Herd, executive director of Sussex Innovation Centre, commented: "Each year the standard of entries gets better and better and this year was no exception."

The winner will be announced at the ceremony which takes place on 29th November at The Grand hotel in Brighton.



Jimmy Gray head chef, Jeremy Ashpool and his wife Vera Ashpool

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WSCC Recycling Ambassador Colin McFarlin sheds some light on what can and can't be recycled in our domestic blue bins. If you have a question for him, email: editor@cuckfieldlife.co.uk



RECYCLING LABELS

This month I would ask you to look at the recycling information on products, as recently this labelling has greatly improved.

Here are two products I have shown you the packaging and a close up of the recycling label. When shopping and you cannot decide which item to buy, do purchase the one that has now made their packaging recyclable.



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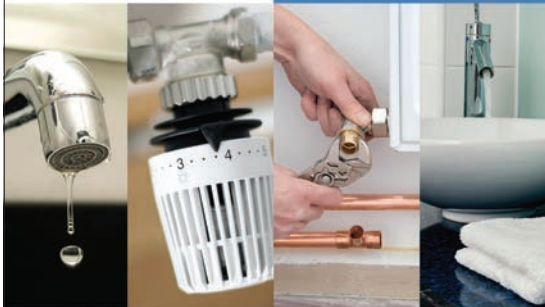
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These items cannot be recycled in your kerbside recycling bin, but can be recycled by major supermarkets via their plastic bag deposit scheme. This is the Sainsburys bin at the front of the store I snapped on my last visit. Waitrose and Tesco also have these bins.



How else can you recycle?

- ✓ Take small electrical items to your local Household Waste Recycling Site, or, as you may know it, 'The Tip'. If it has a plug or takes batteries it is a small electrical item.
- ✓ Take batteries back to a shop that sells them
- ✓ Take clothing to a charity shop. Even if the item is so old and worn that it cannot be sold, the charity shops can recycle this as rags.

Would you like me to give a talk to your local group on recycling?

Do keep your individual questions coming on specific items you are not sure can be recycled, with a picture if possible, and I can let you know. Keep recycling!

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Vicar: Rev Michael Maine More information: www.holytrinitycuckfield.org

Is that all there is?



Dear Friends,

I always remember a friend telling me how shocked she had been at the funeral of a friend when the song 'Is that all there is?' was played. It was written by the songwriters Lieber and Stoller and based on a Thomas Mann short story, 'Disillusionment'. Peggy Lee, the great jazz singer, made it her own and gives it all she has (and I love her voice) but if you listen to it, you will find it the bleakest song you ever hear.

At every stage of the narrator's life, she sees or experiences extraordinary things: her house burning down during her childhood, going to see 'the greatest circus on earth', even falling in love: 'Is that all there is?'. In fact, so jaded is her view of life, and even death, that she has no intention of ending things for a final disillusionment: because she is sure that she will say again. 'Is that all there is?'

The Christian answer to this is NO – that is not all there is! In faith we have a sign of the greatest gift of all: the knowledge of God's love for each of us, no matter who or what we are or what we have done. This love is revealed and offered in a way we can understand – in the face of Jesus Christ. In joys, in sorrows, in disillusionments - no matter what we are going through, even if life seems intolerable - we are accompanied on our journeyings by the abiding love which never fails.

All best wishes,
Michael (Vicar)

P.S. It is Donald Trump's favourite song. Say no more!

Some advance dates for December:

Saturday 1st

8.30am **Advent Light Service for Families**

(followed by full English breakfast – tickets: £5 adults, children free) from Gill in the church office)

Sunday 2nd

9.45am **Family Toy Service**

(Please leave them unwrapped so that they can be given to children of the appropriate age in need)

6.00pm **A Sequence of Readings and Music for Advent - From Darkness to Light**

Friday 7th to Sunday 9th

Christmas Tree Festival – Partner Charity: Kangeroos – Haywards Heath

Carols among the trees – Sunday at 6.00pm

Sunday 16th

9.45am **Family Nativity Service**

6.00pm **A Festival of Nine Lessons and Carols**

Thursday 20th

6.00pm **The Cuckfield Nativity** – with live animals

Community Touch Rugby



By Simon Elmore

If you go down to Whitemans Green on any Saturday morning just after 9.15am you will almost certainly see a few people laying cones, clearing away litter and warming up limbs. Throughout the year, come rain or shine, a small gathering of fun-loving folk relive former glory, get fresh air or develop their skills through 'play' as part of a touch rugby session that has been in existence in some shape or form for 15 years.

Although he will always be the first to downplay his impact and involvement, the main driver behind these sessions has always been Rick Fieldwick, a resident of nearby Albourne who raised his kids in Bolney and who has visited Whitemans Green in Cuckfield every Saturday morning for many years to run Community Touch Rugby.

"It's not about me. I do it for selfish reasons. I love it!" proclaims Rick. "I wouldn't do it if I didn't enjoy it, and I wouldn't do it if other people didn't enjoy it."

Rick started to run touch rugby sessions in Bolney nearly 15 years ago as an extension of his work at the local youth club when his family, especially his young son Sam, started to get more serious about rugby. The first sessions were a modest affair and, as Rick explains, family participation was always promoted: "From day one it was family rugby; mums and dads playing alongside their kids in a fun and supportive way. I remember once playing two versus one but word got around and it grew quickly from there and then moved to Cuckfield."

It is clear that the ability to play sports with other family members is very important to Rick: "I have always felt very privileged to have been able to play touch rugby with my sons. There are not many people that get to play sport with their kids. Touch rugby gave me a great opportunity." Although less frequent now, Rick still gets to play touch rugby with his sons in Cuckfield, and it is heart-warming to see that, to this day, the convention of family members enjoying the activity together continues.

From its humble beginnings, the session now regularly attracts over 30 participants, and it is the diversity of the group that seems to make the venture so appealing to Rick: "I like being amongst different types of people. I meet people that I would not normally meet in day to day life and it has certainly broadened my horizons. I believe that safe and active environments like this that give people exposure to others from different backgrounds and age groups encourage positive interactions that can benefit all who attend."

On why Rick dedicates his spare time to this endeavour: "Well, it's the right thing to do. Not everyone does it, or can do it, but if everyone tried to do a little when they can they would not only benefit others but would get the intrinsic rewards that come



simply from helping. What a wonderful world it would be! I was brought up by parents who were kids through the war and they knew all about community. We used to often go to Wimbledon for family parties. Looking back now, all of that was about reinforcing bonds and developing support structures."

Rick strongly believes that the community spirit of the past is alive and well in Mid Sussex and the people of Cuckfield and surrounding villages are full of wonderful initiatives and community projects: "You only have to scratch the surface to find these projects. In some village spaces there could be something different going on every night, almost always driven by local volunteers."

Rick obviously has a passion for what might be defined by a local group of people as 'community' or a sports team or workplace as 'culture'. But he also has a deep, natural affinity towards coaching, mentoring and personal development: "Most participation in youth activity is linked to when your kids are going through the process. However, Community Touch Rugby has gone way beyond that and has taken on a bit of a life of its own. Believe it or not, we now even have an awards ceremony complete with handmade trophies and pizza!"

From a rugby standpoint, the Saturday morning sessions are a great accompaniment to the more structured training that local players might get at school, rugby clubs or developing player programmes as they are more concerned with 'play' than with systems. Rick explains: "It is a great opportunity to get ball time. The spirit of Community Touch Rugby is to have fun, push the boundaries of what you can do individually and collectively and to provide a safe and encouraging place to make mistakes. Saturday morning is the time where you should try that one in ten pass!" Rules such as 'if the try looks good, we'll give it!' and 'the referee's team always wins by two!' are key facilitators in this 'fun first' ethos.

It is not only the younger participants who benefit from the environment that Rick has cultivated. With a demographic age range of over 50 years, the Saturday sessions have played a small role in improving many lives. In addition to the obvious benefits of improved fitness and mental health, the sessions have provided new and returning players for local rugby teams, new coaches who have started their journeys with the RFU, new work opportunities and new friendships that now continue on other days of the week. Rick explains the benefits as he sees them: "You're doing good. You're keeping yourself fit. You're having fun and interacting with good people and expressing yourself. Improving your rugby skills is just a side effect. Handling, passing and running lines might improve, and that is great, but I have also seen people grow in confidence, improve their communication skills and blossom over the years. This seems more important to me."

It is true to say that the overall experience is greatly enhanced by the environment, namely Whitemans Green. Many will attest to the glory of this open space on a bright, crisp autumn morning with views for miles over rolling hills, dazzling green hues and endless skies, and Rick takes time to recognise the role that the venue plays in the overall experience. "It is important to state that without the support of Haywards Heath Rugby Club, Community Touch Rugby would not exist. They have always been incredibly supportive and I am eternally grateful to them for that."

It is the people, the place and the activity which creates such a sense of what Rick calls wellbeing: "Wouldn't it be great if everyone could have that sense of wellbeing on tap? Although touch rugby is probably not for everyone there will be something locally that creates the same feelings. You just have to get out there and find it."

As someone who has personally benefitted a great deal from Community Touch Rugby since I moved to Cuckfield five years ago, I can strongly vouch for the positive impact of these Saturday morning sessions. It is difficult to put into words the sense of support, togetherness and fun that one can garner from a couple of hours on a weekend morning running around a field! For me it is like a battery recharge, a micro holiday or a jolt of positive energy. Some might call it a family. It was Community Touch Rugby that helped me settle into Cuckfield, a place I now love to call my home, and I have been inspired by Rick over the years to pursue my own community endeavours. Thanks for everything Rick, keep up the good work and see you on Saturday!

If you would like to pick up some boots and join the fun, Community Touch Rugby kicks off every Saturday Morning at Whitemans Green Recreation Ground, RH17 5BU at 9.30am.

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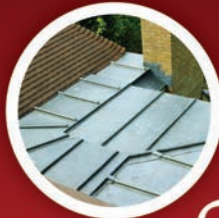
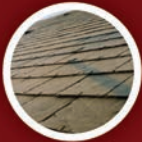
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Finally: Leanne is our new Mayor!

INDEPENDENT STATE OF CUCKFIELD

By Mike Schlup

October saw the annual election of the Independent State of Cuckfield's Mayor. The event took place at the White Harte on the evening of Friday 19th October, with five candidates standing. Votes are cast in the form of pennies and the candidate with the most pennies, or votes, at 11pm when the polls closed is declared the winner. It soon became apparent that Leanne Knapman was heading for a landslide victory and, sure enough, she finished with a phenomenal total of over one million votes! It's only taken her 14 years to finally win but during that time she has raised tens of thousands of pounds for local good causes, more than any other candidate. Overall this year, the candidates raised almost £11,000 which will be distributed to local good causes. More details on this in future issues.

On Saturday the sun was shining as the new Mayor began her procession from Warden Park school, along London Lane, around Brainsmead and down to the High Street. Hundreds of spectators lined the streets to welcome the new Mayor, cheering and clapping as she passed by in her open top car. The procession was supported by the fantastic Burgess Hill Marching Youth Band and the Surrey and Sussex Drum and Bugle Corps. There were many fabulous floats but the winners were, in 1st place, Holy Trinity School, 2nd Cuckfield Scouts and 3rd Cuckfield Preschool. Winning the prize for best walking group were BPM with their silent disco and fantastic make-up. The new mayor was welcomed at The Talbot by the Sheriff of Cuckfield where she was presented with the keys to the town and a celebratory drink. The Talbot also kindly provided all the event marshals and helpers with a drink for their efforts.



Photo: Mike Schlup

ED HILL	5210
EVELYN STENNING	27244
JAMES CLARK	10058
LEANNE KNAPMAN	1036829
PAUL LEPPARD	9757
Total £10,890.98	



New hair salon opens in Bolnore

Honeycomb Hair Lounge has recently opened its doors following a refurbishment of the premises.

Owned by Stephanie Carden, the salon aims to provide a warm and friendly atmosphere with a community feel.

Stephanie, who originally trained in London and once worked as a manager at a busy salon in Burgess Hill, explains: "When the opportunity came up to manage my own salon I jumped at the chance. And being so close to where I live, I felt Bolnore was the perfect location for my new business."

Stephanie, now mum to four children, is looking forward to seeing the salon come to life and to meeting her new clients.

The name of the salon was created by Stephanie's eight year old son: "I instantly loved it because it has so much relevance to our salon, honey being a hair colour as well as a natural ingredient which is included in our haircare range of choice (InSight). Not to mention all the products and colours are 100% organic, vegan friendly and cruelty free."

HoneyComb has an introductory offer of 25% off any service throughout November.

For more information, you can pop in to meet Stephanie or see the website for more details: www.honeycombhairlounge.co.uk





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School fundraising success

Earlier this year The Friends of Bolnore Village Primary School (FoBVPS) got involved in the Tesco Bags of Help scheme and the school was subsequently awarded £1,000 in support of its Forest School programme. This academic year alone has seen FoBVPS donate £2,000 to the Forest School programme, which in turn will go towards new tools and flooring for the Forest School site. FoBVPS can only do things like this with the continued help and support of the local community.

FoBVPS also managed to raise a fantastic £290 through their cake sale last month, DJ Mr Maker spun the decks at the school disco at the end of October where over £700 was raised and parents who have supported the Christmas Card project have contributed another £306!

Every Waitrose spend counts for school

The Friends of Bolnore Village Primary School has successfully applied to be part of the Waitrose Community Matters scheme, which gives a share of £1,000 to three charities.

If you're shopping at the Haywards Heath store, don't forget to use the green token to cast your vote.

Can you help support homeless charity?

Local mum Natalie Geal has created the opportunity for the residents of Bolnore to help those sleeping rough on the streets of Sussex.

This year she is asking for your help to collect donations of hats, scarves and gloves which will go to the homeless this winter.

There is a box in the reception of Bolnore Village Primary School for any donations until 6th December.

Every donation is appreciated.



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Bolnore does Halloween!

As is tradition, the residents and friends of Bolnore came out of the woodwork (and coffins!) to celebrate the scariest night of the year – Halloween.

Bolnore enjoys a reputation for putting on a good Halloween show, and this year was no exception. Alongside the bloodstained porches and cobweb

infested hedgerows there were Ghostbusters, a devil on a trike and a couple of dinosaurs out in force on the streets!

Here are a selection of images we've been sent to round-up the night.



Photos by Nick Goodwin, unless specified.



Photo: Charlie Bancroft



Photo: Louise Smith



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What's what?

By Chris Belton

Bolnore Village cycle path

The new cycle path, linking Kingfisher Drive to the old Rocky Lane bridge, is due to be completed by the end of November. New signage and the connection of the lighting will allow both cyclists and pedestrians another access to Haywards Heath.



TV reception

Residents throughout the entire village have recently experienced intermittent loss of TV signal during October. Issues relating to TV reception should be directed to: **Pembroke** for Phases 1, 2 and 3 and **HML** for Phases 4 and 5.

In the case of Phases 1/2/3, Pembroke's contractor identified early on that the problem was caused by equipment owned and maintained by UK Power Networks (UKPN) and they were asked to fix the problem. Without attending the site they advised us that the problem wasn't caused by their equipment. Eventually, after days of argument, UKPN accepted responsibility, attended to the issue and it now appears to be resolved. We want to stress that Pembroke acted promptly to resolve the issues but were, to coin a phrase, 'given the run around'. We cannot comment on the situation in Phases 4 and 5.

A new venture in the Village Square

We're pleased to see that the empty unit in the Square will open as a hairdressing business this month. We would like to welcome them to the Village and wish them well. Obviously they need the support of both Bolnore residents and the wider community.

Primary School's Forest site

The Forest School Team have been tidying up their site in Cattswood. They have relaid the path borders and spread out new bark chippings, that the School has bought, around the site. They have worked hard to look after the site and we ask that you help to keep it ready for children to use.





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5 MINUTES WITH...

Roxie Grant

Roxie is a leader of Bolnore Ash Beaver Scout Colony. She loves adventure activities and recently wing walked on top of an aeroplane!

How long have you lived in Bolnore? Seven years

What's the best thing about being here?

The amazing community and friendly neighbours, always knowing there is someone close by to call on for support

Favourite ice cream flavour? Mr Whippy 99

How many houses have you lived in?

11 in total - two in Bolnore

What would you like to see in Bolnore that isn't here?

A coffee shop - I really miss Cuppalicious!

Favourite holiday destination?

France... perfect for snowboarding in the winter and watersports in the summer. The delicious food and drink too!

Song you play the most? Try Everything by Shakira

What would you do if you won £1million?

I have a dream to buy an old property near the coast, do it up and maybe run an Air BnB, I'd give some to The Scouts and Bolnore school

What was the last present you gave someone?

I gave my sons the book 'You are awesome' by Matthew Syed

Strangest thing you've ever eaten?

Buffalo worms and a locust at Deano's Snake Shack

What would you rather give up for a month - TV or music?

Definitely the TV - I can't live without music

Which App on your phone do you use the most?

Facebook

What's your proudest moment?

Becoming a mummy-twice!

Your advice for life? Be kind

If you would like to provide your own answers for 5 Minutes With, simply email them to editor@cuckfieldlife.co.uk along with a photo of yourself, or do please encourage a friend to send their answers in!



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Looking for something fun to do outside?

By Charlie Bancroft

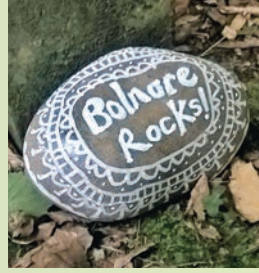
I knew that rock painting has been very popular all over the country but hadn't seen anything local, so I started a group called Bolnore Rocks for myself and my daughter as something to do in the summer holidays.

I expected a few of my friends to want to get involved but within a few days we had over 200 members in the Facebook group and colourful rocks were popping up everywhere. I couldn't believe how popular it was.

Bolnore is the perfect place for rock hunting as we are very lucky that there are plenty of parks and woodland in a relatively small area. It's a very budget friendly activity, and although children love it it's suitable for anyone of any age. It's a great way of being creative and active too whilst also getting outside, and it makes you look a little closer and notice things that perhaps you wouldn't have before whilst looking for rocks!

It can take as little or long as you like. Look for some rocks first, take them home and decorate, then go and hide them somewhere for others to find. It's very exciting seeing where your rocks have been found and re-hidden mostly back in Bolnore but some have been on adventures; we have had some found in Devon and Cornwall!

Identified by a hashtag #BolnoreRocks! which helps



people who find the rocks find the group and let us know where our rocks were found! We would love for anyone to get involved and join our little rock painting community. Our page is Bolnore Rocks! on Facebook.



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O COME LET US **ADORE** HIM?

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All are welcome to join us for our Carol service on the 16th Dec 2018, starting at 4pm at **Cuckfield Baptist Church.**

Creche & Children's activity included.

www.cuckfieldbaptistchurch.co.uk

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Penlands Farm - Road Closures

West Sussex County Council has instructed the installation of a roundabout where Balcombe Road, Borde Hill and Hanlye Lane intersect, as part of the new community that is being delivered at Penlands Green by Redrow Homes.

As part of the development of the former Penlands Farm site some local roads will be closed to allow construction of the new roundabout to take place.

Work will start in March 2019, subject to WSCC's approval, and will last for an anticipated period of three months. The work means Balcombe Road, Borde Hill Lane and Hanlye Lane will be closed where they intersect, with no throughway in any direction.

The current 30mph zone is to be extended north along the Balcombe Road and west into Hanlye Lane to cover the approaches to the roundabout.

Local residents will need to remember to plan their journeys around the road closures, as there may be delays and changes to bus times.

The work will be carried out seven days a week mostly during daylight hours.

Any comments regarding the construction work can be sent via email to penlandsgreenllc@redrow.co.uk between now and the 23rd November 2018.



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A commercial lease

LISTEN TO THE LAWYER

By Martyn Gooch, partner Rohan Solicitors

Question: I am about to take a tenancy of a commercial property. It is for a five year period, but I may want to stay longer. Can I do this?

Answer: The law surrounding commercial tenancies (also referred to as leases) is regulated by The Landlord and Tenant Act 1954 (the Act). The Act protects tenants by giving them the right, in certain circumstances, to renew their tenancy at the end of the contractual period on the same terms at a market rent until it is terminated in accordance with the Act. That right is known as 'security of tenure'.

Specific criteria must be satisfied for a lease to be 'protected' by the Act. Firstly, there must be a tenancy that grants exclusive possession of the property, secondly, the tenant must be in occupation of the property and finally the tenant's occupation must be for the purposes of running a business. If you and your proposed lease satisfy these requirements, you may have acquired security of tenure meaning you have the right to apply to the court, before expiry of the fixed term, for a new lease. The landlord can oppose that court application on certain grounds, including (a) if the tenant is in breach of the terms of the lease, and (b) that the landlord intends to occupy the property for the purposes of its own business or as its residence.

There is a very strict procedure and timescale that must be followed when a tenant wishes to exercise the right of security of tenure and it is crucial that legal advice is sought before the process starts to ensure you do not lose that right.

If your landlord wants to grant you a lease without the option to renew it is possible to 'contract out' of the Act by including a clause that states security of tenure is not being granted. In these circumstances you will be asked to sign a simple or statutory declaration confirming that you understand the implications of taking a 'contracted out' lease.

Before agreeing the terms of the lease, you may be able to negotiate with your landlord to agree to extend the term to say ten years with the option for you leave the premises early after say five years (known as a break clause). This may give you the reassurance of a longer lease term but with the added comfort of knowing you can leave the premises early if you need to.

Commercial leases can be confusing and negotiating their terms may be a challenge. The investment you are making in the premises may be worth several thousands of pounds, so it is always worth ensuring you seek sound independent legal advice before committing to the lease.

Martyn can be contacted by email on mgooch@rohansolicitors.co.uk or by telephone 01444 450901.

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Our Russian connections

CUCKFIELD HISTORY

James O'Grady was the grandfather of Cuckfield resident Diana Giles.

He was Chairman of the National Federation of Trades Unions and the Labour MP for Leeds who was sent to negotiate with the moderate revolutionary government in Russia under Kerensky in April 1917 following the overthrow of the Czar in March. Part of a British and French labour delegation, he addressed an enthusiastic crowd of workers and soldiers in the Duma in Petrograd, hoping to persuade the Russians to remain in the war and not seek a separate peace with Germany. The mission was successful but by October the increasing privations and unpopularity of the war led the way for the Bolsheviks to seize power and they withdrew Russia from the war in March 1918.

In 1919 O'Grady was head of the British Delegation sent to Copenhagen to arrange an exchange of Soviet and British prisoners. Many soldiers simply disappeared, see the anguished letter from a mother to O'Grady, seeking her son in the exhibition.

Following the Russian Revolution there was civil war and famine in Russia, and O'Grady was appointed Head of the Famine Relief Commission by the International Federation of Trades Unions. He visited Russia in 1921 and 1922 taking funds to famine stricken areas. On his return he presented the House of Commons with a piece of 'famine bread' composed partly of clay to draw attention to the plight of the Russian people. He also contracted smallpox but recovered.

James O'Grady was knighted in 1924 and became Governor of Tasmania and later the Falkland Islands. He died in 1934.



Photos, documents and artefacts of James O'Grady have been kindly loaned to Cuckfield Museum by his granddaughter, Diana Giles.



Joseph Blunden was Cuckfield resident Neville Blunden's father. He was born in Northants, the son of a cobbler. He was orphaned and falsified his age to join the army in 1917 at the age of 15. He was sent to Russia in the aftermath of the War as part of the Army Service Corps, taking supplies to the White Russian side. The photograph shows him at Christmas 1919 'in the desolation of isolation'.

He was awarded a medal showing the Czar's head for his services to the White Russian cause. He later became the last Master of Cuckfield Workhouse, Chairman of the Football Club and helped run the British Legion and the Swimming Club in Cuckfield.

Joseph's photos and medals kindly loaned to Cuckfield Museum by his son, Neville Blunden.



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Dave Watson with Arnold Hockett at The Old Vicarage, Broad St

Memorial boards

Thanks must go to Cuckfield gardener, Dave Watson who gave up a day to put up 36 poster boards around the village in preparation for the Cuckfield Remembers 1918-2018 Memorial Walk. It marked the houses where our fallen soldiers lived. Maps of the walk route are available in the village at The White Harte, Marcus Grimes, Cuckfield Bathrooms, Cuckfield I Wear and The Rose & Crown. Boards will stay in place at the houses until 18th November.

Museum shop open until 15th December

A Mid Sussex Alphabet tea towel is now available from Cuckfield Museum's shop at a price of just £7. It is by the same artist who designed the very popular Cuckfield Alphabet tea towel.

Cuckfield Museum is open 10am-12.30pm Wednesday to Friday, and on Saturdays 10am-3pm.

It will close for its winter break on 15th December, reopening on 16th February 2019.



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Decorex 2018

DESIGN AT HOME

By Fiona Evans, Cuckfield Interiors

Interior design shows inspire us with an amazing array of furnishings and finishes, where style and trends, colours, neutrals and form meet technology; everything from stunning textiles, statement lighting, fabulous rugs, flooring, beautiful tiles to TVs that can disguise themselves as mirrors or pieces of art. Decorex is an amazing show which offers the newest products and inspiration in interior design; all in all a promising prospect if you would like to add a special touch to your interior.

Below are some of the inspirational items that caught my eye:

Pret A Vivre - supplying not only curtains, blinds and fabrics but also official suppliers of Somfy motorised tracks. Say goodbye to cords and use battery operated motors to operate bespoke curtains and blinds for a neat finish.

Bright and bold fabrics by Sarah Fortescue presented a stunning display featuring beautiful bold and colourful fabrics following the trend of tropical botanical and bird designs on 100% linen. Gorgeous wallpapers to follow soon.

Mini Moderns wallpapers with vintage 20th Century design celebrating pattern and colour. 'There is a story behind every collection of wallpapers fabrics and home accessories'.

A fantastic sofa made by Fisk caught my eye. The 'Punk' sofa has buckles, leather and stud detailing and is composed of Scottish textiles. Their wonderful woolly chairs make fabulous alternative furnishings, fluffy loungers and armchairs. Really quirky and fun as well as being comfortable.

Planika ethanol fires, a fantastic alternative to logs and coal, matched wonderfully with modern Modus fireplaces.

I really love to see anything that is handcrafted as it gives a special unique edge to the finished interior. For example, there were beautiful (mostly patterned) rugs which were either hand knotted, handwoven or hand tufted and available in an array of colours and choice of styles. A fantastic way to add art to your space.

Rugs are artwork for the floor in abstract or contemporary designs. Composed of silk, bamboo, wool or wool blends, rugs were seen with splashes of colour, patterns, broken and worn designs. Neutral interiors are stunning next to bold colours, such as Vandra Designers handwoven rugs. Alternatively, how about stunning hand knotted silk rugs with swarovski crystals; breathtaking designs with the crystals giving the rugs a glimmer by Sahrai.

As a great fan of glass, I am also happy to report Curiousa and Curiousa create magnificent coloured glass pendants. These have caught my eye at previous design shows and their beautiful display of turquoise and silver hand blown pendants took my breath away this time too.

See my Facebook page for photos of the above.



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Cuckfield twin trip, 20 years on...



By David Wilson

It all started when the village of Cuckfield was twinned with Karlstadt in the Frankreich region of Germany, 100km east of Frankfurt, on the River Main, and near to the famous city of Würzburg. Karlstadt had a recently formed Rotary Club and they asked if Cuckfield had one too. The answer was a resounding yes; the Rotary Club of Cuckfield and Lindfield. So, twenty years ago, in October 1998, the Rotary Club made its first visit to Karlstadt and since then exchanges each way have taken place most years, interspersed with stays in Berlin, Nürnberg and London.

At the end of September this year, eleven members and partners arrived at the picturesque Schloss Mespelbrunn, which is the oldest castle in Germany to be still lived in by the founding family. The next day was spent visiting the beautiful town of Bamberg, which is also on the River Main. Dinner that evening was at an extensive farm complex which comprised a trout farm, a Bierkeller, a guest house and a barn for dances. Lots of fish, wine and beer were consumed during another convivial evening. The following morning was free time, and hosts took their guests on various activities from visiting sights to wine tasting to an eight-mile run.

The most rewarding aspect of the trip, however, was the warm welcome and fellowship between the people of the two nations. Some friendships go back 20 years; for others this was the first visit. Language proved to be no barrier, and, postprandial nightcaps were often accompanied by lively discussions putting the world to rights. The following quote from past president Jaime Wallden sums it up: "It was an excellent trip and I must say I was very nervous about staying with our German hosts, but it turned out to be an absolute pleasure, they couldn't have been more welcoming. My other half said

that she had a lovely time, and everyone was so kind and friendly. They have a brilliant sense of humour and their English was better than mine. Bring on next year!"

www.rotarycl.org

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This event will be held at Ockenden Manor, Cuckfield, RH17 5LD on Monday 10th December 2018 9:30am – 11:30am. Please register your interest by emailing enquiries@blackmanterry.co.uk

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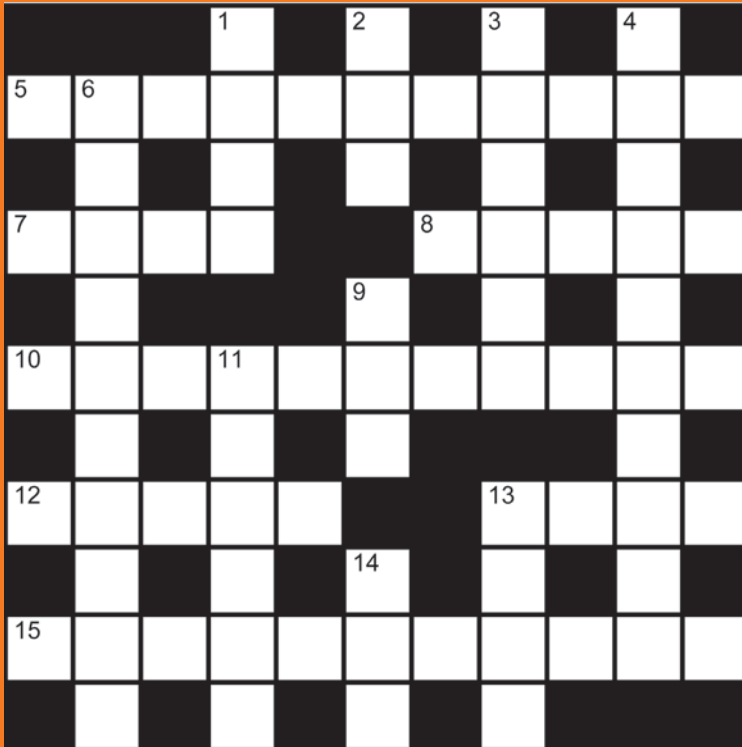
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Family crossword



Got 20 mins spare?
Have a go at this crossword - which should be varied enough for all ages to answer some clues.
Answers listed on p. 51

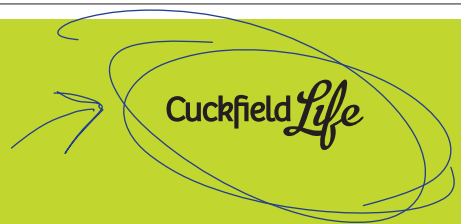
Across

- 5 Petty (5-6)
- 7 Stump (4)
- 8 Farm bird (5)
- 10 Degree of excitement during a debate (11)
- 12 Open space in a forest (5)
- 13 Central Chinese desert (4)
- 15 Unentitled (11)

Down

- 1 Thick slice (4)
- 2 Large flightless bird (3)
- 3 Open up (6)
- 4 Quantifiable (10)
- 6 Birthplace (10)
- 9 In favour of (3)
- 11 Dais (6)
- 13 Present (4)
- 14 Fenland cathedral city (3)

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Sudoku #29


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	2							4
					3			
				6		5	9	
		3	9		8		2	
7							8	
	5		3			4		
		7	8		1	9		
5					2		7	
8				7				

#28 Solution

6	9	7	4	5	8	2	1	3
3	8	2	1	7	9	4	6	5
5	4	1	6	3	2	7	8	9
2	3	9	5	6	1	8	7	4
7	1	4	8	2	3	9	5	6
8	5	6	9	4	7	1	3	2
9	7	3	2	8	5	6	4	1
4	2	8	3	1	6	5	9	7
1	6	5	7	9	4	3	2	8







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What's on this month

ELSEWHERE

November

- 20th **Hurst Village Cinema** – 6.30pm
Players Theatre, Hurstpierpoint - NT Live: The Madness of George III (www.hurstfilms.com)
- 21st **The Arts Society Mid Sussex** – 10am
Clair Hall, Haywards Heath - Lecture at 10.45am
World War I: Wilfred Owen, Poetry, Art and Music – by Dennis Moriarty (£7 on the door)
- 23rd **Hurst Village Cinema** – 7.30pm
Players Theatre - The Boy Downstairs (12A)
- 24th **Coffee morning** – 10.30am
Ansty Village Hall, Ansty - Tombola Sales Table - many ideas for Christmas (01444 413061)
- 24th **Candlelit concert** – 7pm
Holy Trinity Church, Cuckfield – By Ensemble Reza (www.ensemblereza.com)
- 28th **RBL Women's Section Cuckfield**
Oh What a Wonderful War - Christine Antcliff.
- 30th **St Andrews Night** – TBC
New Inn, Hurstpierpoint - (secretary@midSussexcaledoniansociety.org.uk)

December

- 1st **Sussex Chorus** – 7.30pm
King's Church, Burgess Hill – Classical concert with Kent Sinfonia. (£15/£12 01444 412579)
- 2nd **Community Orchestra Christmas Concert** – 3pm.
Warden Park Secondary Academy (www.ensemblereza.com)
- 3rd **NHS Retirement Fellowship Mid-Sussex** – 11am
Barnsgate Manor - Christmas Meal
- 7th **Christmas Street Festival** – 6-8pm
High Street – Road closed with stalls and fun activities for all
- 7-9th **Christmas Tree Festival**
Holy Trinity Church – over 80 decorated trees adorn the open church
- 12th **RBL Women's Section Cuckfield** – 2.30pm
The Old School Cuckfield - Pantomimes Doug Eaton and Party
- 12th **The Arts Society Mid Sussex** – 10am
Clair Hall, Haywards Heath - Lecture: Jane Austen's Christmas by Dr Claire Walsh (£7)
- 13th **Haywards Heath Ceramics Group** – 10am
Clair Hall - 'Looking at Clay Pipes - Hidden Treasures'
- 14th **Carol Concert** – 3.30pm
Holy Trinity Church – Organised by members of Mid Sussex Dementia Forum. Concert followed by Christmas Café from 4.30pm

What's on this month

AT THE QUEEN'S HALL

Monday

- 9.30am **Pilates** (intermediate)
- 9.45am **Yoga Boutique** (Term time only)
- 11.15am **Yoga Boutique** (Term time only)
- 10.30am **Pilates** (beginners)
- 1.30pm **Dance Classes for Children**
- 3.45pm **Dance Classes for Children**
- 7.30pm **Dog Training**

Tuesday

- 9.30am **Tiny Teckers**
- 1.30pm **Yoga**
- 3.45pm **Dance Classes for Children**
- 7.30pm **Dog Training**

Wednesday

- 10.30am **Pre-school Singing**
- 10am **Stroke Support Activities**
- 12.30pm **Zumba Dance Class**
- 1.30pm **Line Dancing Class**
- 3.30pm **Dance Classes for Children**
- 7.30pm **Yoga**
- 7.45pm **Ballroom Dance Club**

Thursday

- 9.15am **Yoga**
- 9.30am **Pre-school Dance Class**
- 10.30am **Yoga**
- 7.30pm **Wedding Dance Class**
- 7.30pm **Yoga**

Friday

- 9.30am **Pre-school Singing**

Changes may occur to the above details, especially during the summer – when some events don't take place. Please note contact details for all regular classes/activities are available on the Notice Board at The Queen's Hall.

November

- 15th **History Talk** – 2.30pm
Tales from the Riverbank by Ian Everest, looking at the history of the Ouse Valley
- 16th **Parish Council Meetings**
7.30pm: Environment, 8.15pm: Roads & Traffic
- 23rd **Craft & Vintage Market** – 9.30am-1pm
- 23rd **Parish Council Meetings**
7.30pm: Planning, 8.15pm: Finance

December

- 20th **Rain or Shine Theatre Co** – Doors 7pm
Sherlock Holmes and the Curious Case of Dr Jekyll and Miss Hyde (Tickets £10/£6)

AT WOODSIDE

Monday

- 9.45am **Sing & Sign (2 sessions)**
- 4.15pm **Tina Primas**
- 5pm **Grade 5 Ballet**
- 6pm **Junior Contemporary**
- 8pm **Kickboxing**
- 8.15pm **Becca Lee Yoga**

Tuesday

- 9.30am **Pilates**
- 5pm **Beavers/Cubs**
- 7pm **Pole Fit**

Wednesday

- 9am **Falcon Health Chiropractors**
- 5pm **Junior Street Dance**
- 6pm **Senior Street Dance**
- 7.15pm **Bolnore Scouts**

Thursday

- 10am **Creation Station (2 sessions)**
- 5pm **Beavers**
- 7pm **Bounce & Burn**

Friday

- 9.30am **Saplings**
- 7pm **Woodies Bar** (subject to private hire)
- 7pm **Pole Fit**

Saturday

- 9am **Teen Contemporary**
- 9.45am **Jazz Musical Theatre**
- 2pm **AFC Bolnore**
- 4pm **Post-football Bar** (matchdays)

Sunday

- 4pm **Grace Church**
- 4pm **Messy Church** (last Sunday/month)
- 4pm **Woodside Netball Club** (seasonal)

Note: The Hub (out of school club) runs every weekday between 7.30-9am and 3.30-6.30pm. Bolnore Village Preschool is open every weekday starting at 9am (term time only).

December

- 8th **Christmas Fair** – 11am - 5pm
- 9th **Christmas Carol Service** – Time TBC

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Sussex Wealth Management.....	36
Tara Fraser (mortgage adviser)	20
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The Kitchen People	29
White & Sons (roofing)	25

Retail

Bridgers Farm	25
Cottenham's.....	39
Cuckfield i Wear	48
JV Golf.....	24
kps (compost).....	42
MRH Driving Retail	11
Pots and Pithoi	43
The Green Tree Gallery	10
Vinyl Vault.....	17

Out & About

Ardingly Choral Society	44
Chailey Heritage Foundation	46
Cuckfield Baptist Church.....	10, 14, 36
Cuckfield Music Festival	37
Ockenden Manor.....	35
Rain or Shine Theatre Company.....	17
Spice Village	40

Education/Childcare

Gielgud Academy.....	32
Norto5 Kidz (daycare)	3
Stagecoach.....	15

Health/Lifestyle

Amy Packer Permanent Makeup.....	4
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Cuckfield Dental Practice	2
Promedica24	41
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