

Cuckfield *Life*

Inc. Brook St, Ansty, Staplefield & Bolnore Village

Local village talk,
by the village

Issue #70 : August 2018

Free

From the Mayor's Table

page 51

Village People: Barbara Wiseman

page 28

It's nearly finished

page 14

Including...

Bolnore
VILLAGE

9 PAGE SECTION



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EDITORIAL

By David Tingley, Editor

Welcome to the summer holiday season! Although due to the fantastically warm weather we've been having, it feels like it's been summer for ages already!



Turn the page for the usual array of **news items** which we like to put at the beginning of the magazine. If you know of an event coming up in the next month or two, or have heard of something exciting that's happened that you feel should be shared, send us an email to editor@cuckfieldlife.co.uk.

One thing I'd like to draw your attention to is the **Cuckfield Village Show**, coming up on 8th September. Check out **pages 12-13** for all the details from **Cuckfield Society**.

Page 18 is the round-up of the **Bolnore Summer Fete** from last month, which it was great to be part of (see residents in our frame photos on **page 21**). In this section we also have a number of articles pertinent to Bolnore, specifically including news that Crest is soon to be finished building on-site after 20 years.

On **page 28** **Jacqueline Elmore** meets Cuckfield's oldest resident **Barbara Wiseman**. I know Jacqueline found it a delight to spend time with Barbara and her niece Lorna.

As we approach the poignant time of November, **Kate Fleming** reminds us of some of the heart-wrenching stories of a few of the men from Cuckfield whose lives were lost during WWI. There will be more of this to come too, all under the collaborative banner of **Cuckfield Remembers**. **Page 36** is this month's instalment.

Caroline Young shares a few amazing **recipe ideas** on **page 40**, **Colin McFarlin** keeps us up to speed on **recycling** on **page 45** and on **page 49** readers have sent in **Holiday Snaps** to us. Keep them coming (photos@cuckfieldlife.co.uk)!

Have a fabulous rest of the summer.

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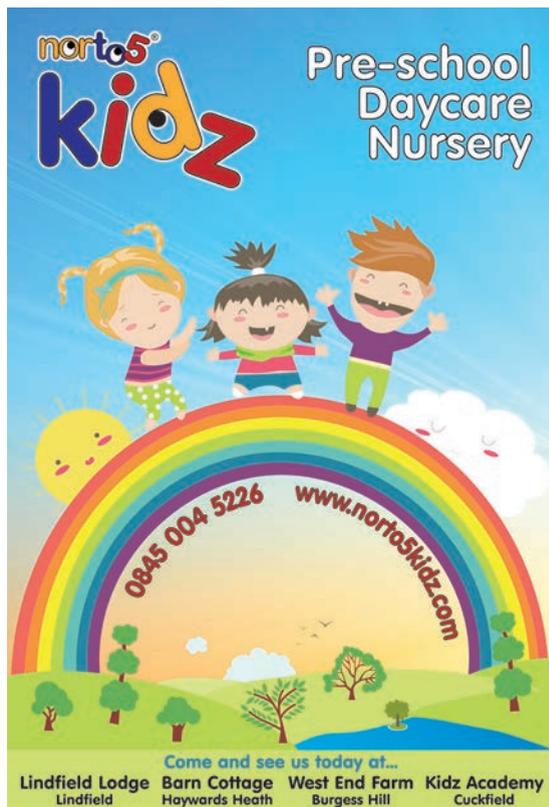
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We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@cuckfieldlife.co.uk

House finds go on tour

Cuckfield Museum is delighted to announce that the Ashmolean Museum in Oxford has borrowed the 'Cuckfield Cache' for its forthcoming exhibition on superstition and magic, which will run until January.

The cache of deliberately hidden objects was found under the attic floorboards of a house in Church Street in 2002 and is believed to be a form of protective magic for the house. Phillipa Malins, one of the Cuckfield Museum curators, explained: "The Ashmolean is particularly interested in our collection because of its wide range of objects, which includes shoes, childrens' toys, a copybook and a child's dress. The collection is also significant in that it dates from relatively recently, at the end of the 19th century, showing that these ancient beliefs persisted in country areas much later than would be expected."

The photo shows the space under the floorboards in Church Street where the cache was concealed and a child's boot found in the house.



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Tennis Club hosted exciting competitions

Cuckfield Tennis Club held two special events during June and July.

Monday 25th June saw the Open Mixed Social 'Pimms and Strawberries' Tournament where a total of 16 players took part. After an exciting tie break, John Goff won the title with Lindfield TC Member Sue Bayly finishing runner up. Rosemary Gooderham achieved third place. Cuckfield's new Chairman Doug Mower congratulated the winners and a big thank you went to Annie Rees for officiating.

Last month the Club hosted its annual Open Adult/ Junior Doubles Fun Afternoon in glorious sunshine. Congratulations to the winning pair, Jon and Jacob Roderick, and close runners-up Piers and Raffy Scholfield.

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Angus Rowland Forget-Me-Not WALK & RUN



The walk is open to all comers and there will be a choice of 2 local walks, a 6.5 mile walk on muddy rural footpaths or a 1 mile walk mainly on roads. Registration at Staplefield Village Hall will start at 9am for the walkers, and 10.00am for those who wish to run. We suggest a donation of £10 per adult and £5 per child under 14.

Dogs welcome but must be under control as livestock maybe present along the walk.

Refreshments will be available at the village hall throughout the morning. So if the walk does not appeal pop in for a cuppa and cake.

Sunday 7th October 2018

We would love to see you!

On-line registration at: <https://bloodwise.org.uk/angus-rowland-forget-me-not-walk-run>

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If you cannot make the walk but would like to make a donation then please visit www.justgiving.com/Angus-Malley-Rowland

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Cuckfield stars dance in Gielgud show

The Gielgud Academy of Performing Arts (GAPA), now based at Great Walstead School in Lindfield, held its annual end of year production at the Hawth in Crawley in June. Over 150 pupils aged between 5 and 18, from Cuckfield and surrounding towns/villages, all took part in the dance, drama and musical theatre production called Showtime 2018.

The performance included a full-length ballet of the Carnival of the Animals and a Contemporary dance to Bach's 'We Sit down in Tears' depicting the crucifixion of Christ. Musical theatre numbers from Chitty Chitty Bang Bang, Beauty and the Beast, and West Side Story were performed to music played live by the seven piece GAPA Band onstage.

After the matinee and evening show came the annual prize-giving ceremony where VIPs, former British Prima Ballerina Dame Beryl Grey, Eastenders TV and West End star John Partridge and Republica Rock Star Saffron, presented over 40 medals, awards and cups to deserving pupils for progress and outstanding achievements.

Dame Beryl Grey commented on the high quality of the show: "The standard of dancing, the incredible number of super ideas, everything was so very enjoyable and entertaining - I felt I must be at a West End show!"



John Partridge and Olivia Floydd from Cuckfield

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Community Litter Pick - 16th Aug

Are you looking for something fun and useful to do during the summer holidays? As part of the Keep Britain Tidy campaign, Cuckfield Parish Council would love you to join in with the Community and Family Litter Pick afternoon planned to take place on Thursday 16th August. Although it is only for a couple of hours, these little steps will have a big impact, helping to protect wildlife as well as improving the environment for the community.

All volunteers will meet at 2pm at The Queen's Hall on High Street, where they will receive a short safety briefing before being given a litter picker and refuse bag. You will then be allocated to one of the recreation spaces within Cuckfield. Please wear sensible footwear and bring along some gloves. Also at the Hall will be a waste prevention volunteer from West Sussex County Council to advise on reducing waste and increasing recycling, with emphasis on addressing food waste.

So, if you have a couple of hours to spare, bring along the children and join in for a fun and rewarding afternoon.

For further information please contact the Parish Office or email Marie.Dormer@cuckfield.gov.uk.

Fairfax sponsors Forest School Week

Land acquisition and developer Fairfax Properties was the generous sponsor of the first ever Warden Park Secondary Academy Summer Holiday Forest School Week.

The local company was facilitating the event to launch its Building Young Futures Education Support Programme.

Jon Ball, Managing Director of Fairfax, will work alongside Peter Chisholm MBE as Education Consultant for this exciting venture. Jon said: "I am delighted to establish a working relationship with Peter, who guided me to success over three decades ago as a mentor whilst I was a student at Warden Park School."



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Where will you go?

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Having a passion is essential when starting up your new business, and Nikki's passion for travel is huge. Specialising in tailor-made holidays and long-haul destinations across the world, Nikki has twenty years' experience working in the travel industry for large tour operators, including British Airways Holidays and Virgin Holidays.

Nikki moved to Cuckfield 13 years ago and lives in Whitmans Green with her husband and two children, both of whom attend Holy Trinity Primary School. Her aim was always to enjoy a flexible work/life balance which allowed her to still do the school drop-offs and pick-ups, but also ensure she was still able to use her skills and passion within a fulfilling work role.

Having an independent local Travel Advisor is a great way to get a personal service when booking your holiday and the confidence of booking with a person who really cares about you and your needs. Nikki is not affiliated with any of the big brands, so, whilst she has access to all the major airlines, hotels and many tour companies, she will not try and push you towards a specific brand – she will always recommend what is right for you.

Working as a Travel Counsellor has enabled her to have a great work/life balance, and with this she is also available to help customers in both the evening and at weekends as she works from home with all of the relevant technology at her fingertips. This is why, three months ago, she decided to start out on her own as a Travel Advisor offering an independent, competitive and personal service. From the initial researching and sourcing to making the booking, taking payment, handling special requests and even checking you in to your flight, Nikki treats every person's holiday as if it were her own. She is passionate about making sure she

gets the best holiday for you and will be on hand 24/7 to ensure your holiday booking experience is stress-free and enjoyable!

Nikki often gets asked which are the hot new destinations. "There are many to choose from," she explains, "but a few that are on my bucket list are the

rainforests of Costa Rica, the vast arid landscapes of Namibia and the unique cultures in Myanmar. You can choose to travel to any of these fabulous countries on a budget, perhaps choosing to travel with a small group and stay in more humble accommodations, or you can really push the boat out because some of the world's top hotels and resorts can be found there.

"I would always recommend booking your holiday as soon as possible," Nikki explains. "Yes, you may occasionally be able to get a cheaper deal closer to the time, but there are so many reasons why it is better to plan ahead. Firstly, you will get a lot more choice and get to select the best resorts and hotels before everyone

else snaps them up. Secondly, you will only pay a deposit upfront if you book in advance, thereby giving you plenty of time to save up for your trip. Thirdly, and in my opinion just as important, you have longer to look forward to your holiday! I know actually going on holiday is the best bit, but looking forward to it and longing for your trip is so great too!"

So, if you're starting to think about your holiday next year and would like to speak to an independent travel expert, contact Nikki on 01444 420001 or email her at nikki.mortimer@travelcounsellors.com.



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Book Festival – day for youth focus

By Sheila Mortimer

The programme for 2018 is now available, and if you receive a copy of Cuckfield Life through your door each month a copy of Cuckfest's programme should also have been delivered. If you haven't received one, copies have been distributed locally to libraries, shops etc, so look out for the distinctive orange cover. We are really excited about it as it has been extended this year with several innovations.

The first thing to highlight is the day of events especially for children and young adults. It is taking place over the entire day on Saturday 6th October in the stunning setting of Cuckfield Baptist Church. It will be packed with activities for all ages, ranging from sessions for under fives (lots of singing, playing games and storytelling) to older children, who can take part in interactive workshops, and finally to sessions for young adults with ambitions of their own to write. The day will end with a riveting hour in the company of three experts who know everything there is to know about books for children and young people, either as authors, illustrators or purchasers. A day not to be missed – and there is a final celebratory hour when winners of two competitions will be announced.

The main programme is also longer. There's something of a quiz tradition in Cuckfield, so we were delighted to accept the offer of a group of local quiz stalwarts to run a literary quiz in the Talbot on Thursday

4th October. Ockenden Manor will again be the venue for a literary supper – Michael Maine, vicar of Holy Trinity Church, will provide an entertaining introduction and two actors are going to read a selection of poems during the interlude.

The programme proper starts at 11am on Saturday 6th October in the Queen's Hall and there follows a hugely varied selection of events. Look out for fake news, First World War poetry, crime fiction, history, Muriel Spark, espionage, music, memoir, humour, local authors – and a big book group session to end the festival on Sunday night. The book for that event is Consent by Leo Benedictus, and Julian Worricker will be in the chair, talking to the author and fielding questions from book groups who have read it.

Now that the programme is published, it's time to sit down and plan the weekend of 4th -7th October. Tickets available from www.ticketsource.co.uk/cuckfieldbookfest or via the link on the website - www.cuckfieldbookfest.co.uk. It will also be possible to buy tickets in person at the Queen's Hall every Saturday morning, between 10am and 12 noon, from 8th to 29th September.



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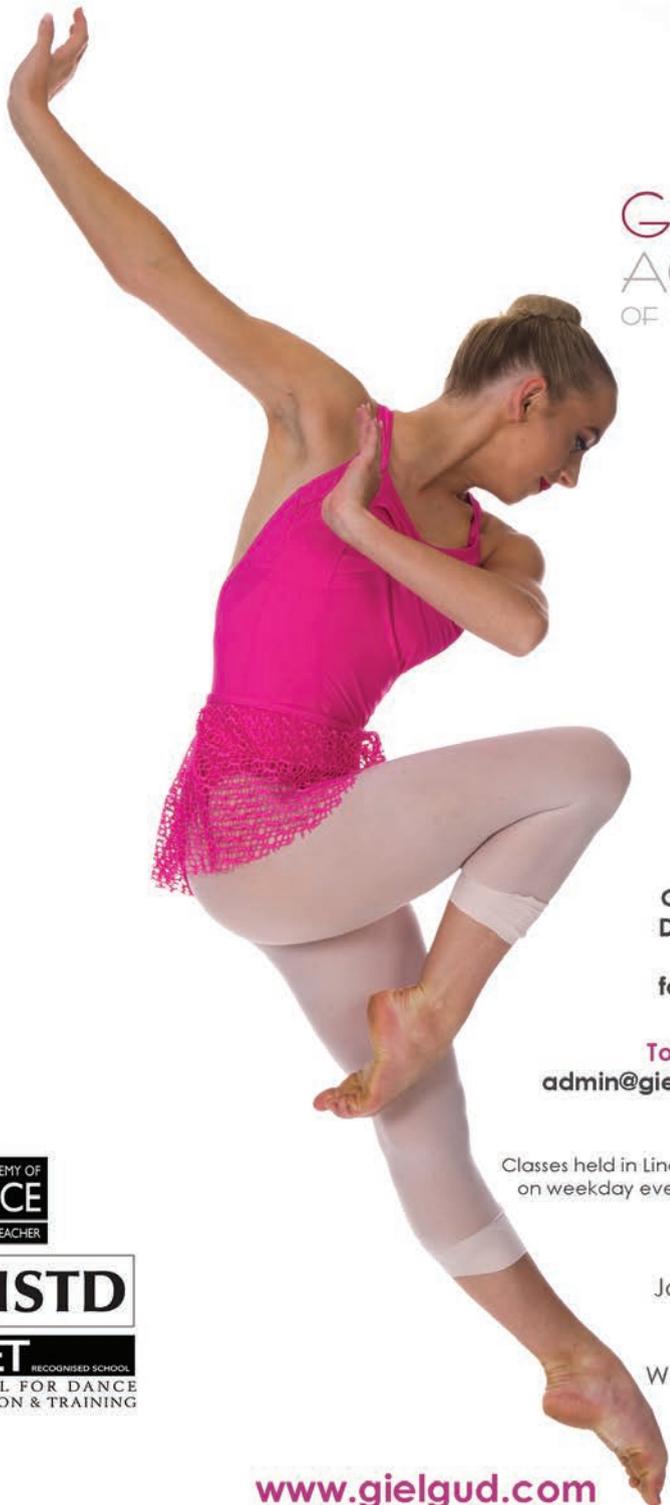


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VEGETABLES

1. 6 runner beans
2. Longest runner bean - 1st prize only
3. 6 French beans
4. 4 white potatoes
5. 4 coloured potatoes
6. Heaviest potato - 1st prize only
7. Heaviest pumpkin - 1st prize only
8. A pumpkin or squash not exceeding 45cm in size
9. 6 cherry tomatoes
10. 6 tomatoes (non cherry)
11. Most unusual selection of tomatoes (max 6)
12. Heaviest marrow - 1st prize only
13. 3 beetroot
14. 3 chillies
15. 5 onions from either seed or sets, under 250g (9oz) each
16. 3 onions from either seed or sets, over 250g (9oz) each
17. 6 shallots
18. A garlic plait
19. 3 leeks
20. An aubergine
21. A bowl of edible leaves - please list contents
22. Posy of mixed herbs judged for variety - please list contents
23. Selection of home grown produce in a suitable container, not exceeding 55cm in any direction
24. Half a dozen eggs
25. 2 sweetcorn
26. 2 cucumbers
27. 3 courgettes, not exceeding 20cm long
28. 3 carrots
29. 3 parsnips
30. A bulb of fennel
31. A brassica
32. Your most spectacular vegetable
33. Most amusing vegetable (can enter on the day)

FRUIT

34. 3 eating apples
35. 3 cooking apples
36. 5 stone fruit
37. Plate of soft fruit (15-20 items)
38. A plate of exotic fruit

FLOWERS

39. 3 Dahlia blooms - pom pom/ball
40. 3 Dahlia blooms - any other variety
41. The single most fragrant rose
42. 5 roses
43. A posy of flowers
44. 3 hydrangeas
45. 3 gladioli

FLORAL ART

All exhibits maximum 60cm in any direction unless stated otherwise.

46. A floral arrangement, with any accessories, inspired by a nursery rhyme, not exceeding 45cm in any direction.
47. An arrangement in an egg cup.
48. "World Cup" a floral arrangement with any accessories not exceeding max 45cm in any direction.

FOOD & DRINK

49. The Katie Stewart Cup – Katie's Lemon Tart – to recipe given in the schedule
50. A Victoria sponge
51. 3 sweet muffins
52. A piece of bread pudding
53. 3 Oat bars

54. 3 pieces of shortbread
55. 3 Chocolate brownies
56. Soda bread
57. A speciality loaf
58. 5 breadsticks
59. Home cooked crisps
60. 1 jar of chutney any recipe
61. 1 jar jam
62. 1 jar fruit jelly
63. 1 jar of any other preserve, sweet or savoury
64. 1 jar of pickled onions
65. 1 jar red pesto
66. 1 jar marmalade any flavour
67. 1 bottle homemade beer, wine or cider
68. 1 bottle homemade fruit spirit

CRAFTS

69. An item made from recycled denim
70. A plaque made from salt dough
71. An item of embroidery no bigger than 60cm
72. A mosaic not exceeding 30cm in any direction
73. A knitted item of clothing
74. A toy - any medium
75. A handmade greetings card
76. A wrapped shoebox - judged for beauty

ART & PHOTOGRAPHY

ART - maximum horizontal or vertical size (including frame) 60cm, framed or unframed.

77. A watercolour painting
78. An acrylic painting
79. An oil painting
80. Charcoal or pencil piece of art
81. A pastel picture

PHOTOGRAPHY - unmounted, max size 20cm. Black & White or colour unless specified. Printed on photographic paper.

82. "Humour"
83. "Leaves"
84. "Photo of a toy"
85. "Museum"
86. "The South Downs"

KS3 & KS4

87. Colouring skills *
88. Pom pom garland
89. Banana teabread
90. Origami item

KS2

91. Colouring skills *
92. Write a story about a pet you would most like to own.
93. Rocky road refrigerator cake
94. Diorama

KS1 & RECEPTION

95. Colouring skills *
96. A vehicle made from recycling bin
97. Necklace made from sweets
98. Gruffalo den – made in a shoebox

PRE SCHOOLERS

99. Colouring skills *
100. Grow cress on a plate

UNDER 5s

101. A potato print flower
102. A decorated crown.

* Download pictures from www.cuckfield.org

It is (nearly) finished!

By Chris Belton

Although the Bolnore Village Community Interest Company does not manage Phases 4 and 5 of Bolnore we attended a meeting with Crest management two weeks ago. The roads on Phases 4 and 5 are still owned by Crest and not likely to be adopted by West Sussex County Council for around 18 months (all at the same time) at which point street lighting, pavements and road surfaces will have to be up to the standard required for the council to take it over. Crest were keen to stress that they have no interest in delaying this as West Sussex County Council is holding £2 million of their money until they complete this work, complete drainage work and reinstate the original narrower junction at the Parkfield Way junction by the Barn.

Crest will be close to completing all construction work in Bolnore by the end of the year. Drainage work in Phase 4A (Renfields/Trubwick area) will be completed by September. The drainage work will take place over the summer and be inspected in the third week of September. Road works will then take place from September to Christmas at which time the bus gate (bollards preventing access to/from Bolnore Road) will also be installed.

After nearly 20 years of building work (nearly 30 if you include the planning process) Bolnore will be 'finished'. This will also result in the removal of all signage, flags and other advertising paraphernalia around Bolnore, and we are looking at clarifying the future status of land that is still owned by Crest but managed by the CIC as part of the estate, including the area of the Barn not being purchased by the new nursery.

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Scouts Volunteers opportunities

Bolnore Village Scout Group is looking for an enthusiastic person who loves to work with children to help out with the village Cub Pack (8-10½ years old). The current Akela (cub leader) is relocating due to work commitments after doing an amazing job in growing the local Cub Pack and Group as a whole.

Can you help on Tuesday evenings from 6.45-8.15pm, maybe only once or twice a month?

Please contact Nigel Flude (Group Scout Leader) gsl@bolnorescouts.org.uk.

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Food vans in Bolnore Village

A note from Bolnore Village Community Partnership and Bolnore Village Community Interest Company

After many emails, meetings and discussions with Mid Sussex District Council (MSDC) over the past months, the conclusion is that there isn't any short-term prospect of having food vans in the Woodside car park.

As we'd agreed, the Bolnore Village Community Partnership (The Woodside) Trustees and the Community Interest Company approached MSDC's property team about the possibility of the Woodside car park being used, initially on a trial basis and then permanently if everything went well. We thought such a request would be straightforward given that food vans use council car parks elsewhere in the district.

Unfortunately nothing is straightforward and the BVCP has a very rigid lease agreement with MSDC. MSDC has said that the Woodside would need to pay substantial fees to allow a short-term trial for each food van, fees for permission to allow each van to trade permanently and pay to install outside plugs and even fees for the permission to install them. The Woodside would have to then pass on these costs to the traders, charge additional fees for the use of electricity, the cost of any time spent opening/closing the Woodside and car park and additional hire fees to MSDC.

As a charity, the Woodside isn't in a position to pay such sums on which it would be unlikely to see a return and for what is, in effect, a non-core activity. We also believe that such fees are excessive, especially given that they'd have to be passed on to businesses that have already paid for a street trading licence that would be hard to use in Bolnore.

Although the Bolnore Village Community Interest Company is not allowing food vans on the square this is a very small part of Bolnore Village. Food vans in general are not 'banned from Bolnore' as some have falsely claimed. From our understanding of street traders' licences, for which they pay the council an annual fee, they are still allowed to trade on any public highway in Bolnore. However, the way the Village is designed doesn't support this and there is no obvious alternative location. The BVCIC had to take action for activities

taking place on land that it manages that were causing a nuisance to residents in the immediate vicinity. These activities also risked conflict between residents and traders or damage to vehicles and property. These areas are maintained at the expense of just 900 homeowners in Bolnore, not the council. For example, the Fish and Chip van intended to run an overhead extension lead from its van to the Co-op across the car park used by tall lorries and through fragile trees. This was impractical on many levels.

The traders may wish to try to convince the council to find some way of making it easier to operate in the Woodside, without the charity having to incur such costs, in which case the BVCP and BVCIC will do what they can to support them. Or they may contact Crest about setting up in Phases 4 and 5 ('New Bolnore') where Crest still owns the roads. Both traders have been informed of the outcome, and Fab at Fab's Pizza's has asked us to inform residents that he is now located at Wivelsfield Green on Tuesday evenings.

Good people in Bolnore



Jenny Maxim ► Haywards Heath Gossip ...
11 hrs · 📍

Thank you so much to whomever found my pink wireless headphones and hung them up in Bolnore Woods, I am training for a marathon and would have been lost without them. Really appreciate there are good people out there.

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Prize winners from Bolnore with Amanda Saunders

Bundles of books for Bolnore School

Pupils at Bolnore Primary School are delighted to be receiving £3,133.55 of brand new books after taking part in Usborne's 'Ready, Steady, Read' reading challenge. Children from Reception up to Year 6 spent a busy week reading as much as they could whilst raising money to provide new books for the school.

The challenge was coordinated by Amanda Saunders, a local Independent Usborne Organiser, and Usborne generously added an additional 60% to the money raised, resulting in an incredible number of new books to expand the school's library and classroom resources.

Claire Crook, Literacy Leader at Bolnore Primary, was thrilled to be choosing so many new books for the school and commented: "The Sponsored Read has been a great success at Bolnore, earning the school over £3,000 in new books. The children fully immersed themselves into reading at every opportunity over the week, and parents even commented on how lovely it was to see Bolnore children reading outside of school rather than being on iPads and phones. In fact it has been such a success we have already booked it in again for next year when we hope to beat this year's amount!"

Amanda is running a campaign with her team to try to get £100,000 of free books for schools in 2018. If you know of a school, preschool or charity that would benefit from free books, please get in touch with her (aksanders1@gmail.com).

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Summer fun

BOLNORE SUMMER FETE



By Sophie Barlow

Finally Saturday 7th July had arrived! Hours of training, preparation, critical team decisions, injuries and illness, rites of passage along the path to success were now paving the way home, it was coming home, home to Bolnore and the eagerly awaited 2018 village fete.

This year we were thrilled to be able to present Wellchild Ambassador Dylan Bleach with a cheque for money raised from our traditional street party to celebrate the royal wedding in May. The charity does amazing work for children with serious illness or exceptional health needs across the UK, and so the fete was opened with this presentation from Alison Armstrong (our Gareth Southgate!) and a welcome from our councillors Alistair McPherson (deputy mayor) and Matthew Jeffers (our fantastic compere for the day - thank you Matt).

A late date change on our part to accommodate our wonderful Scouts and very hot weather meant that the fete was more about the stalls, food and village friends and less about a busy arena. Although we look forward to our usual talented friends entertaining us again next year!

Highlights were the Friends of Bolnore Village School Sweet treats tombola, the craft and face-painting tent, The Angry Birds, wonderful cakes from the preschool, play-slime, hook-a-duck and, despite the heat, there was a lot of bouncing on the bouncy castle and goals scored in our popular and, yes, topical beat-the-goalie competition. Thanks must also go to our fantastic sponsors local estate agents Holroyds.

Of course the day was not just about the fete. At 3pm many friends and neighbours enjoyed a drink, some shade and the last few cakes while watching England's world cup quarter final against Sweden.

In the evening the crowds gathered again for a family disco and lots of fun with Tom Foolery. As the shadows lengthened you could hear the chatter and laughter surrounding The Woodside as another great community day in Bolnore drew gently to a close.





Scouts Big Fun Day

Saturday 14th July was a big day for the Mid Sussex District Scouts with a big fun day and family camp.

Scout Groups from all over the District gathered together and pitched their individual camps around Broadstone Warren Scout Camp.

Bolnore Scouts took part and set up camp before joining all the other Groups in fun games and activities such as abseiling, air rifle shooting, archery, a leap of faith off a big tower, climbing, grass sledging, pole jousting, sumo wrestling, zip wire and more!!

The kids had great fun meeting other Beavers, Cubs and Scouts.

After this fun filled day some of the group stayed for our first ever family camp.

The camp wouldn't be complete without a camp fire with songs and roasted marshmallows.

The camp also gave us the chance to put our new marquees and kitchen equipment to the test, which were which we are able to purchase with the grants we received from Tesco and Co-op last year.

If you are interested in your child joining our Group or would like to help out as an adult volunteer please contact Nigel Flude, GSL on gsl@bolnorescouts.org.uk. It would be great to hear from you.

If you would like to hire one of our two brand new 4x8m marquees (pictured right) please email marquee@bolnorescouts.org.uk.



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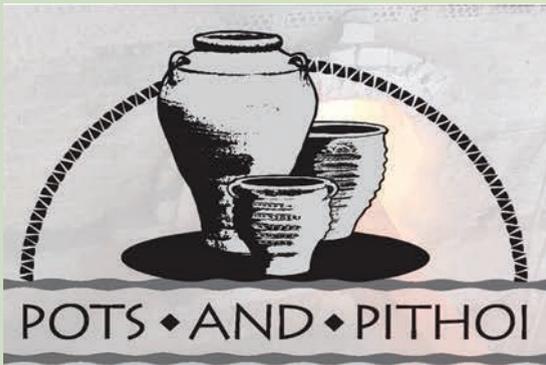
FUN FRAME PHOTOS

We took our Bolnore photo frame to the Summer Fete last month and found many happy people who wanted to commemorate the day with a special photo.

Thanks to all those who got involved both here and shared online on the day. We'll share some more next month.

If you want to get your photo into next month's magazine – why not send us a photo from your summer holiday? See page 49 for more details.





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5 MINUTES WITH...

Karly Harris

Karly Harris is the Marketing Manager for Falcon Health and lives in Bolnore with her husband Ben and their son. In her spare time she is an amateur photographer, some of her pictures have in fact been published in this magazine!

How long have you lived in Bolnore?
 7 years

What's the best thing about being here?
 I love the community spirit. Bolnore is the safest and friendliest environment to bring up children.

Favourite ice cream flavour?
 Mint Choc Chip

How many houses have you lived in?
 Five

What would you like to see in Bolnore that isn't here?
 Swimming pool for the residents only.

Favourite holiday destination? Without a doubt Sri Lanka has been the best country so far.

Song you play the most? Sweet Lovin' by Sigala

What would you do if you won £1million?
 I'd take my family travelling all over the world.

What was the last present you gave someone?
 A box full of little goodies.

Strangest thing you've ever eaten?
 Green coloured Shahi Chicken Tikka.

What would you rather give up for a month – TV or music? I can't live without comedy in my life. So I choose to live without music for a month.

Which App on your phone do you use the most? Gmail

What's your proudest moment? Apart from my family, who makes me proud everyday, it would be dancing in shows in the West End and Disneyland Paris.

Your advice for life? Travel is the only thing we buy that makes us richer. Work, travel, save, repeat!

If you would like to provide your own answers for 5 Minutes With, simply email them to editor@cuckfieldlife.co.uk along with a photo of yourself, or do please encourage a friend to send their answers in!

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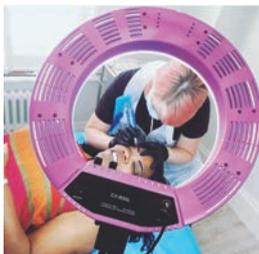
OPEN FOR BUSINESS

"Before the treatment my client was introverted and always looking down. I showed her the mirror and her whole demeanor changed! She stood tall and had a broad smile."



Looking good is big business and the beauty industry has had a huge influx of permanent make-up technicians and microblading artists in the past couple of years. Local resident Amy Packer was introduced to the industry back in 2013 and has built a huge reputation as being one of the 'go to' permanent make-up technicians in the South, with clients travelling from as far as the Isle Of Man and even Mozambique!

It's no wonder Amy has such a big following. Before becoming a permanent make-up artist Amy had a very popular and fully booked diary as a mobile hairdresser, beautician and make-up artist. She trained at Lewes College then Centre Stage Makeup School and says that the beauty and make-up training stood her in good stead in becoming a permanent makeup technician: "We spent a whole day drawing, wiping off and redrawing eyeliner on a model as one task. Although at the time I found it tedious and boring, it has actually been a massive help to me in the industry I'm now in."



Amy enjoyed her time being mobile, she even opened a hair and beauty salon back in 2015, but Amy's true passion lies with permanent make-up. Closing her salon in March this year was bittersweet for Amy. She loved the salon and the clients, but it was owning the salon that led her to realise that her one true love is permanent make-up. Closing the salon meant she could focus all her time and energy on doing what she loves.

But why does Amy love permanent make-up so much? "It's all about the client," Amy explained. She loves the joy it brings to her clients. "I have clients coming to me for many reasons, including brows lacking density due to over plucking, illness, stress and medication. Some clients struggle to apply conventional

make-up or are not able to wear eye make-up due to allergies. Then there are the clients who just want a way to save time every morning and hate wiping off their brows halfway through the day!"

Amy tells the story of a client who had been suffering from stress since losing her husband. The result of this was that her brows had all but disappeared. "Before the treatment my client was very introvert, she was looking down and was hunched over, she clearly had very low self-esteem," Amy explained. "Once I had finished the treatment and I showed her the mirror, her whole demeanour changed; she stood tall and had a broad smile. She was so grateful, and that's why I love what I do!"

Amy is a huge perfectionist and really takes her time with pre-drawing and mapping out the desired shape, meaning each treatment is completely tailored to the individual, with many options provided for the overall look of each treatment. Amy literally has a treatment suitable for everyone, and she regularly attends advanced training courses so that she can be at the top of her game. She has even won the ETC magazine Aesthetic Technician of the Year for two years running.

"It's so important for me to keep up to date with training and advancing my skill. I want to be the best I can be so I can give my clients the best possible treatments and healed results."

Amy offers complimentary consultations to anyone interested in learning more about the treatments she offers. If you want to see what permanent make-up can do for you then give her a call on 07920 032353.

More information can be found on her website: www.amypackerpermanentmakeup.co.uk



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A life well spent

VILLAGE PEOPLE



By Jacqueline Elmore

When I first arrive at Barbara Wiseman's home I am greeted by her niece Lorna who takes me into a warm reception room that is bathed in sunlight. The first thing I notice is an elderly lady with a sweet smile and weathered hands and an old moggy cat curled up in a large armchair next to a window.

Lorna tells me that Barbara is partially deaf and that I will need to speak up if I want to get a good interview so, rather than dive right in, I ask Barbara about the cat who is sat next to her enjoying the sun as it trickles through the slats in the blinds.

"When my sister died I wanted the company, so I got Lucy. She was a rescue cat. I've had her for three years. She must be 18 now."

For Barbara, who is now 103 and Cuckfield's oldest resident, Lucy is the perfect companion.

I move on and ask Barbara a few questions about the early part of her life, and it becomes clear that some of her memory is a little hazy, so Lorna offers to help fill in the gaps.

"You moved to Cuckfield the year you retired didn't you Bar? It was 1975 so you would have been 60 when you first arrived in the village." Lorna refers to Barbara as Bar throughout much of our interview, and as they exchange words it's evident that they share a genuine fondness for each other.

I ask Barbara why she moved to Cuckfield and what it was that drove her to the village in the first place. Barbara recollects: "I don't really know. I just knew I liked it. It was a very friendly place. I didn't really know anyone but I soon got to speak to people and everyone was very nice.

"I like everything about Cuckfield. I like the people, the shops - you can get anything and everything you need in the village. It's all on your doorstep."



Barbara with niece and nephew at Seaview

Barbara grew up in Hampton, Middlesex before moving to Reigate in Surrey with her family at the age of seven. I then discover that she was a Wren during WWII and was drafted overseas for service in Alexandria, Egypt for a number of years before returning to the UK after the war had ended.

"I lived in Reigate for most of my life before we upped sticks and left for Cuckfield. My first house was in Ledgers Meadow. I lived there for 20 years with my sister and then we moved to a flat in Hatchlands. And now I'm right in the middle of the village and have access to everything and everyone."

Barbara explains: "I used to cross the road and walk over on to the fields and down into the woods before they built houses there. I do remember there were certainly more fields for walking back then."

For many years Barbara was involved in Cuckfield Women's Institute. At one stage she was President and subsequently became Treasurer and then Secretary. Barbara was also on the PCC (Parochial Church Council of the Ecclesiastical Parish of Holy Trinity Cuckfield) and supported the British Legion, and for a time she helped out at Cuckfield Museum.

I notice that there are lots of sea and landscape paintings on the walls, so I ask why and Lorna begins to tell me about 'Seaview' and why it holds such a special place in Barbara's heart.

Seaview is a small Edwardian village that sits to the eastern end of the town of Ryde, on the Isle of Wight with extensive views across the sea and Solent.

"Barbara's grandfather discovered Seaview while on business and loved it so much that he bought three terraced Edwardian houses there - one of which was a holiday home that the family used to stay in. Barbara's parents ended up buying a house down there too, and at one point so did Barbara and her sister."

As a child Lorna used to visit Barbara on the shores of Seaview. She recalls the time she and her brother set off as unaccompanied minors from Portsmouth to Ryde each with a bucket and spade.

Barbara interjects: "I will never forget those two little faces as they approached the harbour."

I take this as an opportunity to ask Lorna when they last visited Seaview.

"We all went down two years ago. Bar would have been 101. We went as a family and rented a flat with a beautiful balcony. You used to sit there Bar, didn't you, on the balcony just watching the world go by and enjoying the peace? It was a special time."

Before I leave I ask if Barbara would mind giving me a tour of her garden. As Barbara slowly manoeuvres her way down the cobbled path filled with peonies and lilac trees we reach the bottom where Lorna explains: "This little patio area was a gift for Barbara's 80th birthday."

It's a delightful little spot and home to a number of rose bushes.

As we begin to walk back Lorna turns to Barbara and says: "Do you remember what you used to say Bar? You used to say that you were never as happy as when you were messing about in your garden."

And right there at that very moment, in the middle of the garden surrounded by succulent rosemary, Barbara slowly turns to Lorna and, as she does, a fragile smile appears on her face and she poignantly reaffirms: "Yes I do. I do remember."



Barbara with her grandfather and sister Win

Mosaics

DESIGN AT HOME

By **Fiona Evans, interior designer**

I love the idea of ancient mosaics. The complexity of the designs, the colours and the craftsmanship of the work, a reflection of life such a long time ago, with some surviving for us to see today.

The earliest mosaic was found in Mesopotamia adorning a temple built in the third millennium BC. Pieces of cone-shaped stones were poked into the plaster walls to reveal their circular surfaces creating a mosaic of circles. The Ancient Greeks used rounded pebbles to create beautiful proto-mosaics, early mosaics, the pebbles creating patterns on beaten earth. Later pebbles were replaced with beautiful pieces of coloured stones using a technique called tesserae. This technique involved using small cut pieces of stone laid in patterns to generate carpets of colourful, patterned mosaics we can still see today in our travels. The Romans were keen to follow suit from Greek designs. They used tesserae, the small pieces of stone in three sizes, set in a kind of mortar. The mosaics tell stories, portray pictures of their owners and their lives, the complex designs set against colourful walls or adorning glamorous fountains to create an unimaginably beautiful focal point.

Mosaics cross time and location. Moroccan mosaic tiles are heavily patterned with strong colours, in a form of Islamic art using colourful, geometric shaped pieces.

Spanish architect Antoni Gaudi used the mosaic technique *trencadis* to make mosaics from broken plates, cups and tiles in Barcelona. A true master of his art, he applied the technique to his two houses, his famous temple *La Sagrada Familia*, and many more buildings. The *La Sagrada Familia* is still being worked on by others, following Gaudi's death in 1926, and is expected to be finished in 2026.

On a recent trip to St Petersburg we visited The Church of our Saviour of the Spilled Blood, an amazing place that was decorated wall after wall with the most stunning golden mosaics (instead of paintings) relating to Christian scenes.

Today there are artists who have developed their own style and techniques for making and exhibiting mosaics. The artist Jose Fuster has created an unimaginable mosaic adorned space in his neighbourhood just outside Havana called *Fusterlandia*. A kaleidoscope of shapes in crazy colours describes his amazing pieces of 3D mosaic artwork. The originally deprived area is now a tourist attraction. A 'must see' if you are touring Cuba.

Aside from admiring historical mosaics, we can use mosaic styling in our homes today with a choice of many materials, onyx, terracotta, sandstone, stainless steel, marble to name a few, for borders around tiled floors or across tiled walls around the home. Glimmering mosaics reflect light and add style and texture to a flat interior. Pebble designs in modern floor and wall tiles mimic proto-mosaics and look fabulous in bathrooms. Or give an old coffee table an entirely new look, or perhaps a picture frame, using a mosaic kit from a craft store or online.

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"It's a fun class which is suitable for all ages and

abilities," explains instructor Amy Stuttle. "The dances are easy to follow, and we don't take ourselves too seriously – there is a lot of laughing too!"

Cuckfield Swoove starts with a free launch class on Friday 21st September.

www.facebook.com/SwoovewithAmy

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Ode to The Old Barber Shop

In June 2002 Jon Fabian opened The Old Barber Shop with the aim of keeping alive the tradition of a gentlemen's barber shop in Cuckfield village.

Sixteen years later Jon decided to retire, and on 23rd June 2018 he closed his doors for the last time. Many of Jon's clients were sad to see him go as they would miss the regular conversations they had with him. "Jon was always full of insight and often shared details of nearby events and even the latest news with his customers."

Over the years Jon became a source of knowledge and support connecting people and businesses in the local area.

The Old Barber Shop is a Grade II listed building which dates back to the 16th century. Paper records show that in 1968 Herbert Roy Francis, a gentlemen's barber, took out a 14 year lease and, according to HM Land Registry records, purchased the shop in July 1988. The existing deeds go back to 1926.

Jon's early career commenced with training in London, subsequently working in Haywards Heath prior to opening a unisex hairdressing salon in Burgess Hill. Reflecting on his career over the sixteen years that he worked at The Old Barber Shop Jon said: "They were by far the most rewarding and enjoyable."

Jimmy's of Haywards Heath has now taken over the business and looks forward to welcoming old and new clients.



The Old Barber Shop opening in 2002.

The following ode was written by one of Jon's former clients.

Scissor snipper, Careful cutter, Hair improver, Face enhancer, Good listener, News sharer, Tennis player, Car fancier, Island hopper, Sometime sailor, Cuckfield neighbour, Fundraiser, Bean grower, Fine all-rounder, Excellent fella, Will be missed.







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*The National Institutes of Health







Making time for the Memorial Walk

CUCKFIELD REMEMBERS

'They shall not grow old, as we that are left grow old;
Age shall not weary them, nor the years condemn...'

By Kate Fleming

As we all know it will be one hundred years on 11th November since the end of the First World War. It is almost impossible for us today to comprehend the pain and grief experienced by the people of Cuckfield during and after WWI, but nevertheless we cannot escape the historical facts. Eighty one young men, loved by wives and girlfriends, adored by mothers and well-known in the village, often since boyhood, died in that horrific war.

Private William George Selby was the first Cuckfield soldier to sacrifice his life for us. He was born in Brook Street to Henry and Susanna Selby. In a letter to his mother six days before he was killed in action at Ypres he compares his life to that of rabbits 'in and out of holes', and he assured her that they are 'sharp as razors' and begs her to save him a piece of Christmas pudding.

Bernard Smyth was a choir boy at Holy Trinity Church who joined the crew of HMS Formidable as a Boy 1st Class. On New Year's Day 1915 his ship was hit and sunk. He was seventeen.

'They mingle not with their laughing comrades again;
They sit no more at familiar tables of home,
They have no lot in our labour of the daytime,
They sleep beyond England's foam'

Joseph Blunden, father of Cuckfield resident Neville Blunden, was a mere 15 years old when he volunteered and joined the Army Service Corp (Motor Transport Section) having declared, with the confidence of youth, that he could ride a motorbike. He miraculously survived the conflict in France and eventually ended up in Russia supporting the White Russians from the Bolsheviks in Churchill's Secret War. His son Neville proudly treasures his Father's service medal from this virtually unknown campaign on which is stamped Tsar Nicholas II's head, presented, without doubt, pre-revolution. Joseph returned from Russia after the war and became the last Master of Cuckfield Workhouse before serving again in the army during World War II.

In mid September Cuckfield Museum will open a display: 'Peace at Last: Joy and Sorrow'. It will look at how the people who survived the war, like Joseph Blunden, managed the much longed-for peace being so often mixed with loss. But communities were small and so many people found themselves in the same situation.

The events for Cuckfield Remembers are beginning to focus and emerge as celebratory, reflective and grateful.



Joseph Blunden (first from right)

The Memorial Walk will identify over 30 houses in Cuckfield from which young men volunteered to serve in Lord Kitchener's Army and fight for King and country.

It is being organised by Cuckfield Museum. A map will guide you around the village showing the houses of fallen soldiers, and these will be marked by poster boards each bearing the portrait of the soldier and some of his details.

Lance Corporal Cecil

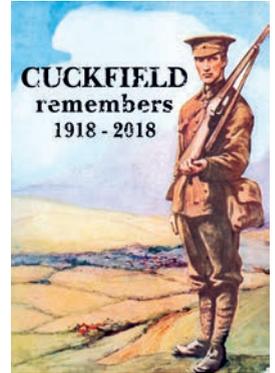
Alfred Howell died of heat stroke in hospital in Basra at the age of 22 having volunteered for service with the Royal Engineers Mesopotamian Expeditionary Force. His diary gives us a picture of military life at the front and the harsh, albeit exciting, adventure for this young Sussex man.

'23rd July: In the evening I went into Bombay and saw inside of a Hindoo and also a Mohamedan temple. 18th September: On quarter rations bully beef and biscuits, full of weevils, to last us the day. There's no doubt that soldiering is a funny game!'

No. 2 Woodcroft Villas was the home of Cecil Howell and it will be highlighted on The Memorial Walk to remember Cecil.

No. 4 Jubilee Cottages' poster board will proudly feature Lance Corporal George Ernest Botting's portrait. He was an instructor, teaching new recruits, behind the lines, how to handle and throw grenades; an extremely dangerous task even today. Sadly one blew up and killed George Botting instantly. The letter written to his grief-stricken wife Dora May from Lt Colonel R.C. Hawkins reflects the admiration both officers and men had for this magnificent young soldier. He was 29 when he was buried in France.

Maps for The Memorial Walk will be available from the Museum, the Queen's Hall and from the sponsors, Marcus Grimes, where there will be displayed in the window the photos of all the men who died. The Rose & Crown, The White Hart, Cuckfield Bathrooms and Cuckfield i Wear will have the maps available from 31st October – 18th November. During World War I the Post Office Rifles were billeted in Cuckfield and photographs of them will also be displayed around the village.

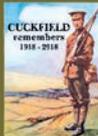


Cuckfield Remembers 1918 - 2018

**LANCE CORPORAL
GEORGE BOTTING 1889 - 1917**



Lived at 4 Jubilee Cottages
Killed behind the lines while
working as an instructor
Buried at Lapugnoy Military
Cemetery, France



So whether you are thinking of participating in The Memorial Walk or watching the performances of Cuckfield Dramatic Society, waltzing round at the Queen's Hall Tea Dance or listening to the Community Choir Concert, do keep the beginning of November free to salute and remember the young men of Cuckfield who gave their lives for our freedom, and to ensure that from their sacrifice we are able to contribute to a peaceful future.

'At the going down of the sun
and in the morning,
We will remember them'

(For the Fallen [September 1914] Laurence Binyon),

Acknowledgements to: Cuckfield Museum and Cuckfield Remembers.
Shirley Bond. UPSO Ltd. 2007.

Join the choir...

There is a chance to take part in the Celebratory WWI Concert by joining the Community Choir which is limited to 60 voices made up of Soprano, Alto, Tenor-Baritone voices. If you are interested, please email lindyelphick@gmail.com as she is collating the list for Jane Haughton, who will lead the choir. Rehearsals will be during October and early November.

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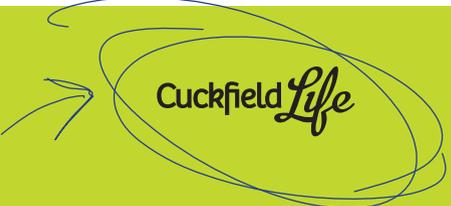
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The Artist's Garden now open

Borde Hill Garden, just outside Cuckfield, has been an inspiration for horticulturalists and artists for generations and this summer it is proud to continue this tradition by displaying the artistic response to the beauty of nature, countryside and gardens.

It opened earlier this month with visitors now able to explore the historical garden, renowned for its rare shrubs and champion trees, where they will discover approximately 40 works by established and up-and-coming artists inspired by both flora and fauna.

In addition to an enticing selection of garden sculptures in metal, stone, bronze resin and stained glass, the exhibition, sponsored by local employer 1st Central, will also include a number of paintings and smaller works displayed within the garden shop and Green Tree Gallery. Uniting the work is their common fascination with the beauty of nature, the countryside and the feelings they evoke within us.

Pieces will include Sun-Worshipper by Christine Baxter, a figurative work whose subject is lost in dreamy contemplation on a warm summer's afternoon, and also works inspired by the plants, flowers and natural forms, many found within the Garden and Sussex countryside, such as Will Spankie's Flower Form carved from stone, Alison Catchlove's intricate metallic Rose Garden panel and Sally Scotts vibrant landscape painting Colours of the Weald.

The exhibition will run daily until 30th September with admission included in the standard entry price.



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Time for strawberries

SIMPLY GOOD FOOD

Crunchy broccoli and feta cheese salad

Using a large salad bowl combine 4tbs mayonnaise, 2tbs lemon juice, some crushed garlic and seasoning to taste. Add 225g finely chopped raw broccoli florets, 100g crumbled feta cheese, some finely sliced spring onions and red peppers (I like the bottled red peppers – look for them on the same shelf as olives and gherkins). Gently toss to coat with the dressing and serve at room temperature.

Spiced bean salad

Measure 100ml olive oil, 6tbs red wine vinegar, 1-2 crushed garlic cloves, 2-3tbs mild curry paste and 2tbs clear honey into a salad bowl and whisk to combine. Tip a 400g can each of chickpeas and cannellini beans (or other beans) into a sieve and rinse under cold water. Tip into a pan, add a little cold water and bring to the boil. Drain well and add to the dressing. Stir to combine and season to taste. Cool slightly then stir in some finely chopped red or spring onions. Allow to sit for an hour or two to develop the flavours. Extra good served at room temperature topped with a spoonful of natural yogurt and a sprinkling of fresh mint.

Portuguese carrot salad

In Portugal this delicious carrot salad is offered along with olives, sardine pate, fantastic goats cheese, Serrano ham, maybe a garlicky cream cheese and warm bread.

Peel and cook whole carrots until just tender, allow them to cool then cut into thin slices. Whisk together a fruity olive oil, crushed garlic, a pinch of cumin and coriander, a few drops of Piri-Piri sauce and seasoning to taste. Pour over the carrots, using just enough to cover them then leave to marinate for several hours or overnight.

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HO Studios

Hurst Festival

**Hurstpierpoint
Open Studios**

15th/16th & 22nd/23rd September 2018
11.00am to 5.00pm

hurstpierpointopenstudios.com

26 local artists will show work at 13 venues around the village. Works consist of a broad selection of decorative and fine arts with maps available from local shops and in the festival brochure.

 Hurstpierpoint Open Studios - 15/16 & 22/23 September

Look out for the blue and white balloons!

By Caroline Young

I'm writing this on what could possibly be the hottest day on record so far and producing a hot meal is the last thing I want to do. The idea of a 'mezze' appeals to me – this is a selection of small dishes served as appetisers before a main course or extended to be the meal. Popular in hot countries it is easily put together here with the wide variety of dips, salads and appetisers now available in our stores. Or why not try making some yourself – they will keep in the refrigerator for several days. These are some of my favourites.



Lemony lentil and artichoke salad

In a salad bowl whisk together the finely grated rind and juice of 1 unwaxed lemon, 50ml olive or rapeseed oil, 2tbs honey, 1tbs wholegrain mustard and 1-2 crushed garlic cloves. Tip a 400g can lentils into a pan and bring just to the boil. Drain well and stir into the dressing. Drain a 400g can artichoke hearts, quarter each and add to the bowl with a finely chopped red onion. Season well and allow to cool.

Couscous salad with apricots and pinenuts

Tip 150g wholegrain large couscous into a pan with a handful of chopped dried apricots and 450ml hot vegetable stock. Cook to package directions then leave to stand for about 10 min until liquid is absorbed. In a salad bowl whisk together 50ml olive or rapeseed oil (or walnut or hazelnut oil), 3tbs white wine vinegar, 2tsp mild mustard and 3tsp sugar. Tip in the hot fruited couscous, a handful of finely chopped spring onions, some toasted pinenuts and seasoning. Allow to cool.

Instant dessert (Serves 4)

Crush 8 Ameretti (the Italian hard almond biscuits) or gingernut biscuits to rough crumbs and stir into 200g crème fraîche (or Greek-style yogurt). Slice 450g strawberries and sweeten if wished. Spoon some fruit into the bottom of 4 tall glasses, add a layer of the cream and continue layering ending with the cream. Top with a whole strawberry and serve.

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Rejoice and be glad

Dear friends,

I have been reflecting recently on the wonderful place in which we live, and this in spite of the fact that as a Cornish person I should feel that no other place compares with my home county! However, I have come to love Sussex with its great variety of countryside. Sometimes I think that we can take it all for granted.

In our own part of the county we have the unspoilt beauty of mile after mile of unspoilt farmland and villages in the Weald. The ground rises to the north, our own Cuckfield community standing on the ridge of the High Weald with Ashdown Forest to the east.

From our churchyard looking towards the Downs is one of the most outstanding views imaginable. The Downs - 'as impressive as the Alps' - wrote Ian Nairn in his introduction to Pevsner's Buildings of Britain - 'Sussex'. Sometimes I think that we are incapable of noticing the spectacular place which we live, particularly when we are so busy rushing hither and thither. The joys of modern life!

I do hope that this summer we will all take the opportunity to relax; to rejoice and be glad that we live in such an outstandingly beautiful part of the world. Although it is always good to travel and experience life in other more exotic places, let us take stock and revel in the beauty with which we are surrounded.

Have a great summer.

With all best wishes,

Michael (Vicar)



SUNDAYS

(Modern Language unless stated BCP = Book of Common Prayer 1662)

- 8am Holy Communion (BCP 2nd and 4th)
- 9.45am Parish Eucharist (1st Sunday of the month: Family Service - sometimes a Eucharist)
- 11am Sung Holy Communion (BCP – 1st Sunday of the month only)
- 6pm Sung Evensong (BCP) (2nd Sunday only – Holy Communion with discussion)

WEEKDAYS

- Monday, 9am Morning Prayer
 - Wednesday, 10.30am Holy Communion – followed by Vicar's Coffee and Cake in the Old School
 - Thursday, 9am Holy Communion – Celtic inspired form of worship, with short discussion
 - Friday, 11am Holy Communion – BCP
-

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RECYCLE THIS...

WSCC Recycling Ambassador Colin McFarlin sheds some light on what can and can't be recycled in our domestic blue bins. If you have a question for him, email: editor@cuckfieldlife.co.uk

It has been a pleasure to receive so many emails from you with your queries on recycling. By the time you read this I will have replied individually to all your emails to the editor on recycling. Do keep the questions coming...

MILK BOTTLE TOPS

The most popular item in my postbag is plastic milk bottle tops (May edition).

These cannot be recycled in your blue top bin, but there are many organisations that collect these and raise money for charity. Mine go to Princess Royal Hospital in Haywards Heath.



Thank you, Ann, for letting me know that all the plastic milk bottle tops donated at both collection points in the hospital (in the reception areas of both the main hospital and the Hurstwood Park Unit) go towards their collection in aid of the Hurstwood Park Neurosciences Unit, located in the Royal Sussex County, or the Neurological Outpatients department at the PRH.

There is also their collection point in the Shoe Repairers and in the Bay Tree Café in the Orchards in Haywards Heath, if this is easier as a drop off point.

Also Sarah tells me she collects plastic milk bottle tops at Cuckfield Farmers Market for her special charity, the Springboard Project in Horsham.

You do not have to travel far to donate!

Another question from my mailbag was about recycling clothes that are not good enough for charity shops.

Yes, you can recycle clothes for rags, and charity shops are the best place. Put all the clothes in a bag and clearly mark rags and drop them off at your charity shop. I know the British Heart Foundation accept them as that is where mine go!

Marking the bag as rags saves them opening and sorting them, they go straight to the charity's rags recycling scheme. Charity shops can sell rags for about £500 a ton.

Or drop them into the Clothes Bank at Sainsburys. There are other Clothes Banks as well.

Did you know Oxfam and M&S launched 'Shwopping'? Bring your unwanted clothes to an Oxfam charity shop, (Haywards Heath for example), and receive a £5 M&S voucher off a £35 spend on clothes, home and beauty products in M&S stores, as long as your clothes donation contains at least one item of M&S labelled clothing or M&S soft furnishings (excludes sale and clearance items).

Thank you for sending in your specific questions on recycling. Keep them coming

Look forward to hearing from you. Keep recycling.

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Volunteer from the village

Become the first person from Cuckfield to volunteer for Chailey Heritage Foundation (CHF). The charity changes the lives of children and young people with complex disabilities by providing education, care and transition services.

As CHF grows, so too does the need for volunteers. The fundraising team has a very busy month in September and is looking for help from Cuckfield residents. From checking in participants' bags at the Wolf Run to selling raffle tickets, there are a number of roles and events that the charity would like help with:

Saturday 1st and Sunday 2nd September: Sussex Gin Fest, Brighton Seafront

Sunday 16th September: Bo Peep Hill Climb, Alciston

Sunday 23rd September: Classics in Town, Burgess Hill

Saturday 29th September: Wolf Run, Nutley

To volunteer, please email fundraising@chf.org.uk and someone from the team will get back to you.



Seen on the green

Last month this hot air balloon was captured (by Simon Elmore) performing a faultless landing.

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1 Learn to love your brown lawn

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2 Water plants after 9pm

The water is less likely to evaporate and will do the most good. You could also use the leftover water from cooking vegetables for extra nutrients.



3 Forget the paddling pool and go to the beach

The south east has some of the most beautiful beaches in the country. There are also lots of outdoor swimming pools you can enjoy.

4 Take a shorter shower or a shallower bath

Just a minute less in the shower can save as much as £50 a year on your water bill.



5 Fix that dripping tap

Dripping taps are just money running down the drain (they waste around 17 litres in just 24 hours). Our leak busters are working around the clock too – if you spot a leak in the street please report it at southeastwater.co.uk/reportaleak.

The legacy of Mr Herrington

CUCKFIELD HISTORY



By Kate Fleming

William Herrington was schoolmaster of Cuckfield National School for 32 years. Appointed in 1891, he retired due to ill health in 1923. In those memorable years he made a lasting impression on the children he taught.

Following the departure of Mr Morfee, 26-year-old William Herrington was selected for this important post as the 45th school master of Cuckfield, having been highly recommended by the Principal of Winchester Training College, his alma mater. Recently married to Ellen, the handsome young teacher moved into Church House and began his inspirational career in Cuckfield.

Mr Herrington was a dedicated teacher who recognised and implemented a balanced curriculum. He shared his talent and intellect with his pupils and set them on an appropriate journey, irrespective of their abilities, to benefit from and contribute to 20th century society. He led by example, constantly exploring the world both locally and internationally. He recognised the need for children to work together, not only in classrooms but as a society.

The school flourished during his headship, proudly building an orchestra with 20 violins, a piano and a cornet, establishing sports teams and creating a school environment which was conducive to joyful and exciting lifelong learning.

He was acutely aware of the power of education and the importance of numeracy and literacy at the turn of the century and how this could transform the lives of his students. He passionately believed that compulsory education could lessen, even alleviate, crime and reduce

the need for prisons, and was the key to a successful, peaceful and prosperous society.

Mr Herrington was a devout Christian and, with his friend and vicar, Canon Cooper, appropriately as Headmaster of a Church of England School, maintained the strong, already established, religious teaching. He worshipped regularly at Holy Trinity Church, sang in the choir and carried the processional cross as and when required.

Mr Herrington's many talents included making slides for his magic lantern to illustrate both his and Canon Cooper's history lectures. In one of his lectures at the Queen's Hall, Mr Herrington captivated his large audience with a pictorial tour round the coast of Italy in which Genoa, Amalfi, Naples, Brindisi and Venice were visited, the beauties of the last-named city being depicted by 'profusely illustrated lantern slides'. He also shared these 'magic' illustrations with his school children in geography lessons, introducing them to the wonders of the world from his travels and to traditional stories such as 'Goldilocks and the Three Bears'. These slides are now in the Cuckfield Museum's collection.

Mr Herrington retired in December 1923. His retirement was an emotional occasion which powerfully indicated that this Headmaster was truly loved and respected by the village. His wife Ellen and his daughter Mabel Kathleen were also recognised as a vital part of his successful headship and it was noted that 'husbands could not do their work unless wives took care of them'. Mr Herrington expressed his final farewell to the children, teachers, managers and villagers with the words: 'Don't forget me, I shall never forget you'.

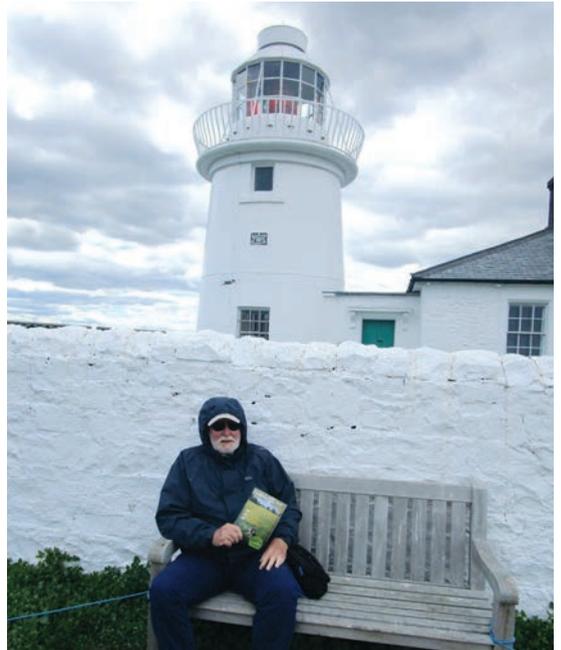


Holiday snaps

As ever, Cuckfield Life readers have taken their copy of the magazine away with them. Do send yours in to photos@cuckfieldlife.co.uk



Evelyn Stenning and her Sister, Joyce Gater at Beamish Museum (NE England)



Chris Openshaw sheltering on Farne Island



Work Experience students Heather & Luke visiting our printers in Shoreham
August 2018



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Contesting a will

LISTEN TO THE LAWYER

If you have a legal question do email editor@cuckfieldlife.co.uk and we'll put it to Martyn.

By Martyn Gooch, partner Rohan Solicitors

Question: I am one beneficiary of a Will which I believe the deceased was put under pressure to sign. I want to contest the Will. What can I do?

Answer: It is not uncommon for loved ones who thought they would be included in a Will to be disappointed when they discover they are not, or find out they are receiving less than they had expected.

Occasionally there are circumstances surrounding how a Will was made, or the content of a Will, that arouse suspicion and uncertainty amongst beneficiaries. For example, an unexpectedly large gift to a surprise beneficiary or a new Will being made just before death. This often leads to the beneficiaries investigating how the Will was made.

When a person wishes to challenge the validity of a Will the burden of proving wrongdoing rests with that person, and it can be extremely difficult to prove that the deceased's decision-making process was undermined or influenced by another person as the key witness is, of course, the deceased. Typically, to successfully contest a Will on the grounds of undue influence, you will need to prove coercion such as physical violence (forcing someone to sign a Will) or verbal bullying (pressuring a person to change their Will).

In the absence of sufficient evidence to prove undue influence, you may wish to consider whether there are alternative claims that could be made against the estate. For example, unexpected omission of a gift to a close family member could lead to a claim that the deceased did not fully understand or approve the contents of the Will. Likewise, if there is a question mark over the will-maker's mental capacity at the time of making the Will it could give rise to a claim.

If you genuinely believe that the deceased was coerced when making their Will you should advise the executors immediately. If probate has not yet been obtained it is possible to apply to the Probate Registry to temporarily stop it being granted. This will prevent the executors from distributing the deceased's assets and will give them time to consider your potential claim and investigate further. If probate has already been granted you may need to take formal legal action to make a claim against the deceased's estate. Where a court decides that a Will is invalid, if there is not an earlier valid Will, then the deceased's estate will be distributed according to the intestacy rules.

Court proceedings of this nature can be complicated and it is crucial to seek expert legal advice on the merits of your potential claim prior to taking court action.

Martyn can be contacted by email on mgooch@rohansolicitors.co.uk or by telephone 01444 450901.

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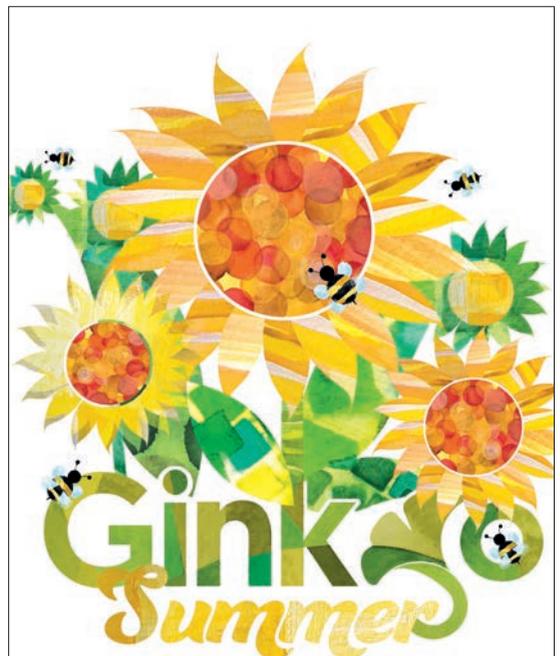
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My month this month

FROM THE MAYOR'S TABLE

By Evelyn Stenning

I hope you are enjoying this lovely weather and being careful in the heat!

I wish to apologise to those of you who turned up for my coffee morning on 28th July which had not been publicised around the village but it was postponed due to the gas works. It is now rescheduled for Saturday 22nd September.

Although I have not had any mayoral duties I have had a busy and wonderful month.

I attended the museum talk on stained glass windows in the church.

The Baptist Church hosted a three day seminar called Golden Years which included 'chairotics', quizzes, Bible readings, 'Safety in the home' with the Fire Brigade, 'Writing your Will and Power of Attorney' with a local solicitor finishing with a Ploughman's Lunch. I found it very interesting - thank you to the organisers.

The Cuckoo Choir and the Singing Allsorts performed as usual two very different musical events.

My sister Joyce was here on holiday, so we have been to Chatham Dockyard and saw the Call the Midwife exhibition and travelled on the British Airways i360 in Brighton. While away in Northumberland we visited Alnwick Gardens and Craigside House and were surprised to meet Bernard and Kay Hawkins, who used to live in Ardingly Road and went to Holy Trinity Church. They wished to be remembered to their Cuckfield friends.

Other highlights included a barbeque at Pelham House and also a lovely lunch at Camelia Botnar with the Women's Section Royal British Legion.

Sudoku #26

				1	7			
	9	8		5				
2						4	5	
		5					4	6
	1			8		5		
	6							1
			4					9
	7							
			5	6	3			2

Find the solution to #26 in next month's magazine

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

#25 Solution

5	1	6	3	2	7	4	9	8
8	7	3	4	6	9	2	5	1
2	4	9	5	8	1	3	7	6
9	3	7	2	5	8	6	1	4
1	5	2	7	4	6	9	8	3
4	6	8	9	1	3	5	2	7
6	2	5	8	7	4	1	3	9
3	8	4	1	9	5	7	6	2
7	9	1	6	3	2	8	4	5

TERRY HEALY - CHIMNEY SWEEP



Do you have a log burner or multifuel stove?

NOW (late spring) is the time to get the liner cleaned.

Bookings Tel: 01444 453228



You don't want a whole winters worth of soot sitting on the liner all summer when it is not being used. (You can still have fires if you get a cold spell as this will not put much soot on your liner compared to a whole winters worth).

Leaving your soot on the liner means it will harden and be more difficult to remove, plus, when mixed with moisture such as condensation or rain it will form a very mild acid (Hydrochloric and Sulphuric) that will eventually shorten the life of your liner.

Get ahead of the rush which starts at the end of July and clean it now, call Terry on (01444) 453228.

Clean your flues regularly to help avoid Carbon Monoxide poisoning & Chimney fires.



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What's on this month

ELSEWHERE

August

- 24th- **The Attic Art Club Original Art Fair**
27th Ditchling Village Hall
- 26th **One Fine Day** – 11am-5pm, from 7pm
Balcombe Cricket Pitch - Fun Day raising money for Kent Surrey Sussex Air Ambulance with dog show, cake competition, food stalls, Zumba and live music in the evening from 7pm (Tickets £5, from Balcombe Stores)
- 26th **An August Evening** – 6.30pm
The Talbot Pub, Cuckfield
An evening of live acoustic music from David Spear and Laurie Perry plus musical friends of theirs.

September

- 4th **NHS Retirement Fellowship** – 10.15am
Franklands Village Hall, Haywards Heath - Branch meeting with speaker Anita Van der Colff (Subject: Action For Deafness) - New members are always very welcome
- 8th **Cuckfield Village Show** – 2-5pm
Cuckfield Baptist Church, Polestub Lane – Cups, prizes, refreshments, entertainment – all organised by The Cuckfield Society (Entry £1.50, kids free)
- 8th **Haywards Heath Town Day** – from 12noon
Victoria Park, Haywards Heath
- 13th **Haywards Heath Ceramics Group** – 10am
Clair Hall, Haywards Heath - The Development of the Drinking Glass talk by Jane Gardiner (Tickets £8, call 01444 483372/414477)
- 13th **Mid Sussex National Trust** – 2.30pm
Clair Hall, Haywards Heath - Talk: Sir Winston Churchill of Chartwell by Heather Woodward (01444 455803)
- Cuckfield Flower Club** – 7.30pm
Haywards Heath Methodist Church – Supper (Sue 01444 831602)
- 18th **Cuckfield Evening WI** – 7.30pm
Cuckfield Baptist Church - The Garden Sage by Ed Nugent
- #### ADVANCE NOTICE
- October**
- 7th **Angus Rowland ForgetMeNot Walk/Run** – 9am/10am
Staplefield Village Hall, Cuckfield Road – Choice of two walks: 6.5 muddy rural or 1 mile road. (<https://bloodwise.org.uk/angus-rowland-forget-me-not-walk-run>)



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What's on this month

AT THE QUEEN'S HALL

Monday

- 9.30am **Pilates** (intermediate)
- 9.45am **Yoga Boutique** (Term time only)
- 11.15am **Yoga Boutique** (Term time only)
- 10.30am **Pilates** (beginners)
- 1.30pm **Dance Classes for Children**
- 3.45pm **Dance Classes for Children**
- 7.30pm **Dog Training**

Tuesday

- 9.30am **Pre-school Football**
- 1.30pm **Yoga**
- 3.45pm **Dance Classes for Children**
- 7.30pm **Dog Training**

Wednesday

- 10.30am **Pre-school Singing**
- 10am **Stroke Support Activities**
- 12.30pm **Zumba Dance Class**
- 1.30pm **Line Dancing Class**
- 3.30pm **Dance Classes for Children**
- 7.30pm **Yoga**
- 7.45pm **Ballroom Dance Club**

Thursday

- 9.15am **Yoga**
- 9.30am **Pre-school Dance Class**
- 6pm **Dance Classes for Children**
- 7.30pm **Wedding Dance Class**

Friday

- 9.30am **Pre-school Singing**
- 7pm **Evening Flower Club** (2nd Friday/month)
- 7.30pm **Historic Vehicle Trust** (1st Friday/month)

Changes may occur to the above details, especially during the summer when some events don't take place. Please note contact details for all regular classes/activities are available on the Notice Board at The Queen's Hall.

August

- 24th **Cuckfield Society AGM** – 7.30pm
We will be providing an update on the Society's activities and submitting the annual report and accounts for approval. Refreshments from 7pm.
- 31st **Parish Council Meetings**
7.30pm: Planning
8.15pm: Roads & Traffic

September

- 11th **History Talk** – 8pm
Council Chamber – 'Cuckfield's Historic House, Marshalls' a talk by Stephen Cockburn. One of Cuckfield's finest historical houses, Marshalls (To book a place, please phone Mike Nicholson on 01444 457448)

AT WOODSIDE

Monday

- 9.45am **Sing & Sign (3 sessions)**
- 4.30pm **Hayley Beeson School of Dance**
- 7pm **DDMX Dance Fitness**
- 8pm **Kickboxing**

Tuesday

- 9.30am **Pilates**
- 5pm **Beavers/Cubs**
- 7pm **Pole Fit**

Wednesday

- 9am **Falcon Health Chiropractors**
- 9.45am **Yoga**
- 5pm **Hayley Beeson School of Dance**
- 7.15pm **Scouts**

Thursday

- 10.30am **Creation Station**
- 5pm **Beavers**
- 7pm **Bounce & Burn**
- 8.15pm **Bounce & Burn**

Friday

- 9.30am **Saplings**
- 3.45pm **Happy Souls Yoga**
- 7pm **Woodies Bar** (subject to private hire)
- 7pm **Pole Fit**

Saturday

- 9am **Hayley Beeson School of Dance**
- 2pm **AFC Bolnore**
- 4pm **Post-football Bar** (matchdays)

Sunday

- 9.30am **Happy Souls Yoga**
- 4pm **Grace Church**
- 4pm **Messy Church** (last Sunday/month)
- 4pm **Woodside Netball Club**
- 7.30pm **Zumba**

Note: The Hub (out of school club) runs every weekday between 7.30-9am and 3.30-6.30pm. Bolnore Village Preschool is open every weekday starting at 9am (term time only).

September

- 29th **Quiz Night** – 8pm

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